



# annual recipe index

ISSUES 40-45  
FEBRUARY 2012 – JANUARY 2013

Recipes are listed under key ingredients and type of dish.

Previous Dish recipe indexes spanning issues 1-27, 28-33 and 34-39 are available free as a PDF download through [www.dish.co.nz](http://www.dish.co.nz) Digital back issues of Dish can be ordered at [www.zinio.co.nz](http://www.zinio.co.nz)

## ALMONDS

### ISSUE:PAGE

Almond and Guajillo Chilli Salsa .....	44:69
Almond and Parsley Crusted Rack of Lamb ...	43:64
Almond Praline .....	45:69
Apricot, Almond and Vanilla Tarte Tartin .....	43:99
Braised Duck with Sicilian Olives and Almonds .....	42:86
Couscous Stuffing .....	43:66
Mexican Almond Cookies .....	44:79
Pesto .....	40:67
Pork Cutlets with Almond Picada .....	45:119
Pork Fillet with Kumara and Almond, Paprika and Parsley Dressing .....	43:90
Raw Zucchini, Mushroom and Spinach Salad with Roasted Almonds and Parmesan Dressing .....	41:63
Red Berry, Star Anise and Almond Crunch Meringue Torte .....	45:69
Roasted Salmon On Crispy Potatoes with Spinach and Almonds .....	44:104
Spiced Brown Sugar, Almond and Chocolate Ganache Meringues .....	41:104
Warm Cauliflower, Feta and Almond Salad.....	43:114

## ANCHOVIES

Lamb Loin Chops with Anchovy and Parsley Butter .....	45:119
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## APPLES

Apple Beignets .....	43:101
Apple Dutch Baby Pancake .....	44:91

Apple, Whisky and Raisin Pie .....	42:70
Baked Apple and Caramel Pudding .....	43:93
Cervena Salad with Blue Cheese, Spiced Walnuts and Green Apple .....	45:79
Red Cabbage with Beetroot, Apples, Cinnamon and Raisins .....	42:76
Roasted Apple, Raisin and Red Onion Relish.....	43:62
Roasted Winter Fruits with Butterscotch Yoghurt .....	43:103

## APRICOTS — SEE STONE FRUIT

## ARTICHOKES

Lamb and Artichoke Pies with Feta and Garlic Mash .....	42:65
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## ASPARAGUS

Asparagus and Vegetable Tart .....	44:65
Grilled Asparagus with Kalamata Olive Butter .....	45:32
Linguine with Roasted Asparagus and Cherry Tomatoes .....	44:107
Prawn Or Scallop Tarts with Asparagus and Aioli .....	45:79
Roasted Spring Vegetables with Miso and Ginger Dressing .....	44:62
Smoked Salmon, Warm Roasted Gremolata Potatoes and Asparagus .....	44:88

## AUBERGINE — SEE EGGPLANT

## AVOCADO

Avocado and Tahini Dipping Sauce .....	45:105
Cheesy Cornbread French Toast with Bacon and Avocado .....	44:91
Green Pea, Avocado and Spinach with Lime and Harissa .....	45:112
Guacamole .....	44:72
Huevos Rancheros with Avocado Salsa .....	42:105
Spring Greens Hummus .....	44:62
Tomatillo and Avocado Salsa .....	44:70
Tuna and Avocado Salad .....	40:95

## BACON, HAM, PROSCIUTTO AND PANCETTA

Bacon, Onion and Brie Tart .....	44:108
Bacon-Wrapped Polpettone in Tomato Sauce .....	41:115
Baked Ham Glazed with Pineapple, Rum and Allspice .....	45:76
Baked Leeks with Ham and Cheese .....	43:114
Beetroot and Speck Pasta Filling .....	41:71
Breakfast Omelettes with Chorizo, Rocket and Bacon-Wrapped Tomatoes .....	41:100
Brussels Sprouts with Bacon, Orange and Hazelnuts .....	42:73
Cheesy Cornbread French Toast with Bacon and Avocado .....	44:91
Chicken Saltimbocca with Mustard, Cream and Sage .....	44:96
Green Pea and Mint Soup with Crispy Bacon ..	41:92

Medjool Dates, Blue Cheese, Prosciutto and Balsamic Glaze .....	45:101
New Potato, Soft-Boiled Egg and Crispy Bacon Salad .....	40:67
Pork and Bacon Braciolo Skewers .....	40:78
Spaghetti with Leeks, Bacon and Chilli Crumbs .....	41:109
Tarragon Roasted Chickens with Pancetta and Grapes .....	45:76

## BALSAMIC VINEGAR

Balsamic Dressing .....	41:64
Crispy Chicken On Potatoes with Balsamic Spinach .....	41:110
Medjool Dates, Blue Cheese, Prosciutto and Balsamic Glaze .....	45:101
Roasted Rhubarb and Strawberries with Orange and Balsamic Vinegar .....	45:122

## BANANAS

Caramelised Banana, Rum and Raisin Bread and Butter Pudding .....	43:103
Crispy Coconut-Coated Bananas .....	44:110
Fresh Summer Fruit Rolls .....	40:92

## BASIL

Basil and Cashew Nut Dressing .....	40:96
Basil and Lemon Dressing .....	40:67
Basil Pesto .....	41:79
Mixed Tomato, Purple Basil and Mozzarella Salad with Capers and Mustard Dressing .....	45:74
Roasted Peppers with Buffalo Mozzarella and Basil .....	40:67
Stuffed Leg of Lamb with Feta, Basil and Sundried Tomatoes .....	43:64
Zucchini, Sweet Corn and Basil Soup .....	41:92

## BEANS, FRESH AND DRIED

Braised Green Beans with Poached Eggs and Yoghurt Sauce .....	41:100
Broad Bean, Rocket and Pear Salad with Shaved Parmesan .....	41:83
Chicken, Pepperdew and Green Bean Salad .....	45:122
Fennel, White Bean and Tuna Bruschetta .....	43:110
Green Bean and Fennel Salad with Tomato Raisins .....	41:58
Green Bean, Edamame Bean and Fennel Salad with Pink Peppercorn Dressing .....	45:80
Grilled Chicken, Refried Beans and Radish Tostaditas .....	44:69
Huevos Rancheros with Avocado Salsa .....	42:105
Refried Beans .....	44:70
Smoked Chicken, Green Bean and Papaya Salad .....	40:96
Spring Greens Hummus .....	44:62
Thai Fish and Green Bean Curry .....	43:109

## BEEF

Beef and Spinach Filo Triangles with Tahini Sauce and Sumac .....	42:93
Beef Tataki Rolls with Wasabi and Lime .....	45:106
Braised Beef Spare Ribs with Ale, Soy and Ginger .....	42:85
Chinese Spiced Beef and Mushroom Pie .....	42:61
Crispy Beef and Peanut Kebabs .....	40:78
Greek Flat Breads with Caramelised Onions, Beef and Green Olives .....	40:101
Hoisin Beef with Lime and Snowpeas .....	44:108
Jacket Potatoes with Beef and Mushroom Ragù .....	42:102
Mince and Cheese Pies .....	42:59
Quick Beef Ragù On Pasta .....	43:109
Roast Beef with Glazed Beetroot and Horseradish Sauce .....	43:59
Spanish-Style Oxtail Braised with Chorizo, Red Wine and Smoked Paprika .....	42:85
Steak Salad with Blue Cheese Dressing and Candied Pecans .....	40:70

## BEER

Beer Battered Fish .....	40:54
Braised Beef Spare Ribs with Ale, Soy and Ginger .....	42:85

## BEETROOT

Beetroot and Speck Pasta Filling .....	41:71
Beetroot Pasta Dough .....	41:69
Beetroot, Spinach and Feta Parcels .....	42:61
Glazed Beetroot .....	43:59
Red Cabbage with Beetroot, Apples, Cinnamon and Raisins .....	42:76
Roasted Beetroot .....	44:60
Roasted Beetroot, Broccoli and Bocconcini with Balsamic Dressing .....	41:64
Za'atar Spiced Beetroot Dip with Pomegranate Molasses .....	45:112

## BERRIES — SEE ALSO RASPBERRIES AND STRAWBERRIES

Berry and Rhubarb Crumbles .....	43:101
Blueberry and Lemon Bundt Cakes .....	45:61
Frozen Mixed Berry and Lime Yoghurt .....	45:64
Green Vegetable Salad with Hazelnuts and Cranberries .....	40:70

## BISCUITS AND COOKIES

Chocolate Chip Cookie and Ice Cream Sandwiches .....	40:76
Mexican Almond Cookies .....	44:79
Mocha Biscotti .....	41:83
Spekulatius (Spiced German Biscuits) .....	45:94

## BLACKBERRIES — SEE BERRIES

## BLUEBERRIES — SEE BERRIES

## BREAD

Caramelised Banana, Rum and Raisin Bread and Butter Pudding .....	43:103
Cauliflower Gratin with Leeks, Parmesan and Sage Crumbs .....	42:76
Cheesy Cornbread French Toast with Bacon and Avocado .....	44:91
Coronation Egg Sandwiches .....	41:104
Crostini .....	45:74
Falafel Chicken Sliders with Sesame and Feta Mayo .....	44:100
Fennel Sausage and Mozzarella Hero Sandwich .....	45:120
Fennel, White Bean and Tuna Bruschetta .....	43:110
Mixed Mushroom Soup with Cheesy Toasts .....	41:95
Nectarine French Toast with Cherries .....	40:89
Poached Eggs and Spinach On Cheesy Sourdough Toast .....	45:122
Poached Eggs with Baked Feta, Olives, Zucchini and Toasted Pide .....	44:87
Pork Cutlets with Almond Picada .....	45:119
Roasted Cherry, Thyme and Goat's Cheese Bruschetta .....	45:64
Roasted Fish with Parsley, Lemon and Pine Nuts .....	40:61
Salmon Crostini with Lemon Crème Fraîche .....	41:77
Savoury Mushrooms On Bruschetta .....	41:109
Spaghetti with Leeks, Bacon and Chilli Crumbs .....	41:109
Turmeric Fish with Flat Breads and Pistachio Pesto .....	42:95
Warm Bocconcini, Fennel and Lemon Crostini .....	45:101

## BREADS AND LOAVES — SEE ALSO BREAD; BRUSCHETTA AND CROSTINI; BURGERS, FILLED BREAD AND SANDWICHES.

Curly Kale, Caramelised Onion and Egg Pizzas .....	42:75
Greek Flat Breads with Caramelised Onions, Beef and Green Olives .....	40:101

## BROCCOLI, BROCCOLINI

Roasted Beetroot, Broccoli and Bocconcini with Balsamic Dressing .....	41:64
Spring Greens Hummus .....	44:62

## BRUSCHETTA AND CROSTINI

Crostini .....	45:74
Fennel, White Bean and Tuna Bruschetta .....	43:110
Roasted Cherry, Thyme and Goat's Cheese Bruschetta .....	45:64
Salmon Crostini with Lemon Crème Fraîche .....	41:77
Savoury Mushrooms On Bruschetta .....	41:109
Warm Bocconcini, Fennel and Lemon Crostini .....	45:101

## BRUSSELS SPROUTS

Brussels Sprouts with Bacon, Orange and Hazelnuts .....	42:73
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## BURGERS, FILLED BREADS AND SANDWICHES

Coronation Egg Sandwiches .....	41:104
Crispy Cajun Fish and Prawn Open Sandwich with Remoulade and Fried Capers .....	44:93
Curly Kale, Caramelised Onion and Egg Pizzas .....	42:75
Falafel Chicken Sliders with Sesame and Feta Mayo .....	44:100
Fennel Sausage and Mozzarella Hero Sandwich .....	45:120
Fish Burgers with Gribiche Sauce .....	41:106

## BUTTER

Anchovy and Parsley Butter .....	45:119
Kalamata Olive Butter .....	45:32
Sage Brown Butter .....	44:85
Very Lemony Lemon Curd .....	43:77

## CABBAGE

Hoisin Beef with Lime and Snowpeas .....	44:108
Mustard, Smoked Paprika and Lemon Roasted Cabbage Wedges .....	42:75
Red Cabbage Salad .....	40:99
Red Cabbage with Beetroot, Apples, Cinnamon and Raisins .....	42:76

## CAKES AND SLICES

Blueberry and Lemon Bundt Cakes .....	45:61
Cherry and Hazelnut Cake .....	41:85
Chocolate, Cinnamon and Chilli Cake .....	44:76
Flourless Hazelnut and Orange Syrup Cake with Orange Syllabub .....	45:83
Lemon Victoria Sponge Cakes with Passionfruit Cream .....	41:103
Spiced Christmas Cake .....	45:93
Sticky Lemon Shortbread .....	43:79

## CAPERS

Capers and Mustard Dressing .....	45:74
Creamed Eggs with Smoked Salmon, Capers and Lemon .....	41:99
Crispy Cajun Fish and Prawn Open Sandwich with Remoulade and Fried Capers .....	44:93
Sicilian Eggplant with Capers and Olives .....	45:115

## CAPSICUMS, PEPPERS

Chicken, Pepperdew and Green Bean Salad .....	45:122
Hoisin Beef with Lime and Snowpeas .....	44:108
Lamb and Feta-Stuffed Capsicums .....	40:99
Red Capsicum Dressing .....	41:58
Roasted Peppers with Buffalo Mozzarella and Basil .....	40:67

## CARROTS

Hoisin Beef with Lime and Snowpeas .....	44:108
Quick Pickles with Pink Peppercorns .....	44:60
Roasted Spring Vegetables with Miso and Ginger Dressing .....	44:62

Vegetable Soup .....43:110  
 Winter Vegetable and Pearl Barley Soup .....42:102

## CAULIFLOWER

Asparagus and Vegetable Tart .....44:65  
 Cauliflower Gratin with Leeks, Parmesan  
 and Sage Crumbs .....42:76  
 Warm Cauliflower, Feta and Almond Salad ...43:114

## CHEESES — SEE ALSO FETA; MOZZARELLA; PARMESAN; RICOTTA

Bacon, Onion and Brie Tart .....44:108  
 Baked Prawns with Lemon and Feta .....43:79  
 Beetroot, Spinach and Feta Parcels .....42:61  
 Cervena Salad with Blue Cheese, Spiced  
 Walnuts and Green Apple .....45:79  
 Cheat's Baked Cheese Soufflés .....41:99  
 Cheesy Cornbread French Toast with Bacon  
 and Avocado .....44:91  
 Eggplant and Haloumi Kofte with Roasted  
 Cherry Tomatoes .....42:94  
 Feta and Garlic Mash .....42:65  
 Feta and Pea Falafel Salad with  
 Tahini Dressing .....40:67  
 Gorgonzola Sauce .....41:77  
 Greek Flat Breads with Caramelised  
 Onions, Beef and Green Olives .....40:101  
 Guava Paste, Lime and Cream Cheese  
 Pastelillos .....44:76  
 Haloumi, Pea and Mint Fritters .....44:60  
 Italian Rice, Vegetable and Feta Tart .....41:81  
 Lamb and Feta-Stuffed Capsicums .....40:99  
 Linguine with Roasted Tomatoes, Pine Nuts  
 and Bocconcini .....41:78  
 Medjool Dates, Blue Cheese, Prosciutto  
 and Balsamic Glaze .....45:101  
 Mince and Cheese Pies .....42:59  
 Mixed Mushroom Soup with Cheesy Toasts ...41:95  
 Poached Eggs and Spinach On Cheesy  
 Sourdough Toast .....45:122  
 Poached Eggs with Baked Feta, Olives,  
 Zucchini and Toasted Pide .....44:87  
 Potato, Cumin and Feta Cakes .....41:99  
 Roasted Beetroot, Broccoli and Bocconcini  
 with Balsamic Dressing .....41:64  
 Roasted Cherry, Thyme and Goat's Cheese  
 Bruschetta .....45:64  
 Roasted Peppers with Buffalo Mozzarella  
 and Basil .....40:67  
 Roasted Tomato, Caramelised Onion and  
 Feta Tarts .....41:61  
 Sesame and Feta Mayo .....44:100  
 Steak Salad with Blue Cheese Dressing and  
 Candied Pecans .....40:70  
 Stuffed Leg of Lamb with Feta, Basil and  
 Sundried Tomatoes .....43:64  
 Stuffed Vine Leaves with Dill Yoghurt Sauce ...42:93  
 Warm Cauliflower, Feta and Almond Salad ...43:114  
 Whipped Feta and Yoghurt with Fresh  
 Pomegranate .....45:112  
 Yoghurt and Blue Cheese Dipping Sauce ....45:106

## CHERRIES — SEE STONE FRUIT

## CHICKEN

Baked Buffalo Wings .....45:106  
 Chicken Saltimbocca with Mustard, Cream  
 and Sage .....44:96  
 Chicken Schnitzel .....42:106  
 Chicken with Spiced Bulgur Wheat and  
 Apricot Stuffing .....44:96  
 Chicken with Warm Cauliflower, Feta and  
 Almond Salad .....43:114  
 Chicken, Pearl Barley and Grape Salad .....40:73  
 Chicken, Pepperdew and Green  
 Bean Sala .....45:122  
 Chicken, Spinach and Leek Soup with  
 Shaved Parmesan .....41:92

Country Chicken and Kumara Pies with  
 Thyme Pastry .....42:63  
 Crispy Chicken On Potatoes with Balsamic  
 Spinach .....41:110  
 Falafel Chicken Sliders with Sesame and  
 Feta Mayo .....44:100  
 Grilled Chicken, Refried Beans and Radish  
 Tostaditas .....44:69  
 Kashmiri Chicken with Ginger and  
 Tomatoes .....42:87  
 Kung Pao Chicken .....44:99  
 Moroccan Roast Chicken with Couscous  
 Stuffing .....43:66  
 Quick Thai Poached Chicken Salad .....44:100  
 Roast Chicken with Grapes and Thyme .....41:81  
 Smoked Chicken, Green Bean and  
 Papaya Salad .....40:96  
 Tarragon Roasted Chickens with Pancetta  
 and Grapes .....45:76  
 Tuscan Chicken and Sausage Spiedini .....40:82  
 Tuscan Chicken Liver Pâté .....41:77

## CHICKPEAS

Chickpea and Rosemary Soup with  
 Sizzled Chorizo .....41:90  
 Chorizo, Mushrooms and Chickpeas On  
 Garlic Yoghurt with Sage Brown Butter ....44:85  
 Falafel Chicken Sliders with Sesame and  
 Feta Mayo .....44:100  
 Feta and Pea Falafel Salad with  
 Tahini Dressing .....40:67  
 Fish, Chickpea and Green Olive Tagine .....40:58  
 Spicy Eggplant, Chickpea and Lamb Salad ...41:112  
 Vegetable Soup .....43:110

## CHILLIES

Almond and Guajillo Chilli Salsa .....44:69  
 Baked Salmon with Coconut, Chilli  
 and Ginger .....45:70  
 Chocolate, Cinnamon and Chilli Cake .....44:76  
 Galloping Horses .....45:108  
 Guacamole .....44:72  
 Nuoc Cham .....40:62  
 Olive Oil Preserved Lemons with Cardamom,  
 Chilli and Cinnamon .....43:77  
 Pico De Gallo .....44:72  
 Rolled and Roasted Pork Belly with  
 Preserved Lemon, Rosemary and Chilli ....43:62  
 Spaghetti with Leeks, Bacon and  
 Chilli Crumbs .....41:109  
 Sweet Chilli Dressing .....40:70

## CHOCOLATE

Baked Chocolate Custards .....41:83  
 Baked Pears with Chocolate and Dates .....43:86  
 Cherries and Chocolate Mousse .....45:70  
 Chocolate and Poached Pear Puddings  
 with Chocolate Sauce .....43:99  
 Chocolate Chip Cookie and Ice Cream  
 Sandwiches .....40:76  
 Chocolate Ganache .....41:104  
 Chocolate, Cinnamon and Chilli Cake .....44:76  
 Mocha Biscotti .....41:83  
 Molten Chocolate and Raspberry  
 Puddings .....42:108  
 Peppermint Bark .....45:93  
 Sticky Ginger, Chocolate and Turkish Delight  
 Christmas Bombe .....45:85  
 Sticky Toffee and Chocolate Pudding Tarts ....42:66

## CHORIZO — SEE SAUSAGES

## CHRISTMAS

Baked Ham Glazed with Pineapple, Rum  
 and Allspice .....45:76  
 Baked Salmon with Coconut, Chilli and  
 Ginger .....45:70

Cervena Salad with Blue Cheese, Spiced  
 Walnuts and Green Apple .....45:79  
 Crostini .....45:74  
 Flourless Hazelnut and Orange Syrup Cake  
 with Orange Syllabub .....45:83  
 Glazed Oranges .....45:83  
 Gravy .....45:76  
 Green Bean, Edamame Bean and Fennel  
 Salad with Pink Peppercorn Dressing .....45:80  
 Green Tomato Chow Chow .....45:97  
 Hasselback Potatoes with Thyme, Garlic  
 and Parmesan .....45:80  
 Kumara Salad with Herb and Honey  
 Dressing .....45:80  
 Merry Muesli .....45:94  
 Mixed Leaf Salad with Parmesan .....45:80  
 Mixed Tomato, Purple Basil and Mozzarella  
 Salad with Caper and Mustard Dressing ...45:74  
 Panforte .....45:99  
 Peppermint Bark .....45:93  
 Prawn Or Scallop Tarts with Asparagus  
 and Aioli .....45:79  
 Rocket Salsa Verde .....45:76  
 Sesame Seed, Fennel and Coriander Crisps ...45:96  
 Spekulatius (Spiced German Biscuits) .....45:94  
 Spiced Christmas Cake .....45:93  
 Sticky Ginger, Chocolate and Turkish Delight  
 Christmas Bombe .....45:85  
 Tarragon Roasted Chickens with  
 Pancetta and Grapes .....45:76

## CIDER

Apple Beignets .....43:101  
 Cider and Honey Braised Pork Belly .....42:91  
 Salmon, Prawn and Cider Pies with  
 Scalloped Potatoes .....42:66

## CINNAMON

Chocolate, Cinnamon and Chilli Cake .....44:76  
 Lemon and Cinnamon Golden Syrup  
 Dumplings .....43:96  
 Olive Oil Preserved Lemons with  
 Cardamom, Chilli and Cinnamon .....43:77  
 Orange and Cinnamon Jelly with  
 Macerated Orange Slices .....42:97  
 Red Cabbage with Beetroot, Apples,  
 Cinnamon and Raisins .....42:76

## COCONUT

Baked Salmon with Coconut, Chilli and  
 Ginger .....45:70  
 Coconut Rice .....43:89  
 Crispy Coconut-Coated Bananas .....44:110

## COLD DESSERTS

Baked Chocolate Custards .....41:83  
 Chai Crème Brûlée .....43:89  
 Old-Fashioned Strawberry Ice  
 Cream Sundaes .....45:66  
 Cherries and Chocolate Mousse .....45:70  
 Chocolate Chip Cookie and Ice Cream  
 Sandwiches .....40:76  
 Fresh Summer Fruit Rolls .....40:92  
 Frozen Mixed Berry and Lime Yoghurt .....45:64  
 Mango Lassi Popsicles .....40:82  
 Honey and Ginger Roasted Apricots,  
 Ricotta and Sesame Crisp .....40:86  
 Orange and Cinnamon Jelly with Macerated  
 Orange Slices .....42:97  
 Quick Raspberry and Nectarine Frozen  
 Yoghurt .....40:91  
 Raspberry and Hazelnut Semifreddo .....40:89  
 Raspberry Yoghurt Parfaits with  
 Passionfruit Curd .....40:101  
 Red Berry, Star Anise and Almond Crunch  
 Meringue Torte .....45:69  
 Rhubarb and Raspberry Meringue Tarts .....42:69



Roasted Rhubarb and Strawberries with Orange and Balsamic Vinegar .....	45:122
Rose Turkish Delight and Watermelon Granita .....	40:86
Spiced Sugar Palmiers with Lemon Ricotta and Berries .....	45:64
Sticky Ginger, Chocolate and Turkish Delight Christmas Bombe .....	45:85
Summer Fruit Salad with Lemongrass and Star Anise Syrup .....	40:88

## COOKIES — SEE BISCUITS AND COOKIES

### CORIANDER

Duck and Noodle Salad with Sweet Chilli Dressing .....	40:70
Guacamole .....	44:72
Herb and Honey Dressing .....	45:80
Pico De Gallo — Salsa Fresca .....	45:80
Roasted Whole Snapper with Egyptian Spices .....	40:54
Sesame Seed, Fennel and Coriander Crisps .....	45:96
Spicy Eggplant, Chickpea and Lamb Salad .....	41:112

## COURGETTES — SEE ZUCCHINI

### COUSCOUS

Lamb Kofta with Lemon Couscous .....	44:109
Moroccan Roast Chicken with Couscous Stuffing .....	43:66
Rocket and Lemon Couscous .....	45:119
Spiced Lamb Shoulder with Dates and Shallots On Couscous .....	42:97

## CRANBERRIES — SEE BERRIES

### CREAM, SOUR CREAM

Baked Chocolate Custards .....	41:83
Caramelised Banana, Rum and Raisin Bread and Butter Pudding .....	43:103
Chai Crème Brûlée .....	43:89
Cherries and Chocolate Mousse .....	45:70
Chicken Saltimbocca with Mustard, Cream and Sage .....	44:96
Chocolate and Poached Pear Puddings with Chocolate Sauce .....	43:99
Fresh Raspberry and Brown Sugar Gratins .....	45:69
Lemon Victoria Sponge Cakes with Passionfruit Cream .....	41:103
Lime Crema .....	44:70
Raspberry Yoghurt Parfaits with Passionfruit Curd .....	40:101
Red Berry, Star Anise and Almond Crunch Meringue Torte .....	45:69

### CRÈME FRAÎCHE

Baked Leeks with Ham and Cheese .....	43:114
Lemon Crème Fraîche .....	41:77

### CUCUMBER

Ceviche with Melon, Mint and Cucumber .....	40:58
Quick Pickles with Pink Peppercorns .....	44:60

### CURRIES

Thai Fish and Green Bean Curry .....	43:109
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### DATES

Baked Pears with Chocolate and Dates .....	43:86
Caramelised Pineapple with Yoghurt, Fresh Dates and Toasted Quinoa .....	44:85
Couscous Stuffing .....	43:66
Medjool Dates, Blue Cheese, Prosciutto and Balsamic Glaze .....	45:101
Roasted Winter Fruits with Butterscotch Yoghurt .....	43:103
Spiced Lamb Shoulder with Dates and Shallots On Couscous .....	42:97

Sticky Ginger, Chocolate and Turkish Delight Christmas Bombe .....	45:85
Sticky Toffee and Chocolate Pudding Tarts .....	42:67

## DESSERTS — SEE COLD DESSERTS, WARM DESSERTS

### DILL

Smoked Fish with Horseradish and Dill .....	45:114
Stuffed Vine Leaves with Dill Yoghurt Sauce .....	42:93

### DIPS

Almond and Guajillo Chilli Salsa .....	44:70
Avocado and Tahini Dipping Sauce .....	45:105
Green Pea, Avocado and Spinach with Lime and Harissa .....	45:112
Guacamole .....	44:72
Lime Crema .....	44:70
Pico De Gallo — Salsa Fresca .....	44:72
Refried Beans .....	44:70
Roasted Pumpkin Hummus with Tahini and Dukkah .....	45:114
Smoked Fish with Horseradish and Dill .....	45:114
Spring Greens Hummus .....	44:62
Tomatillo and Avocado Salsa .....	44:70
Whipped Feta and Yoghurt with Fresh Pomegranate .....	45:112
Yoghurt and Blue Cheese Dipping Sauce .....	45:106
Za'atar Spiced Beetroot Dip with Pomegranate Molasses .....	45:112

## DRESSINGS AND MAYONNAISES

Almond, Paprika and Parsley Dressing .....	43:90
Basil and Cashew Nut Dressing .....	40:96
Basil and Lemon Dressing .....	40:67
Blue Cheese Dressing .....	40:70
Caper and Mustard Dressing .....	45:74
Coronation Egg Sandwiches .....	41:104
Egg Mayonnaise .....	41:110
Flat-Leaf Parsley, Smoked Paprika and Lemon Vinaigrette .....	44:59
Herb and Honey Dressing .....	45:80
Lemon and Harissa Aioli .....	40:54
Lemon Dressing .....	40:78
Miso and Ginger Dressing .....	44:62
Mustard Dressing .....	40:73
Mustard Dressing .....	44:88
Orange Dressing .....	40:70
Pink Peppercorn Dressing .....	45:80
Red Capsicum Dressing .....	41:58
Remoulade .....	44:93
Sesame and Feta Mayo .....	44:100
Shallot, Red Wine Vinegar and Grain Mustard Vinaigrette .....	44:59
Sweet Chilli Dressing .....	40:70
Tahini Dressing .....	40:67
Tarragon, Orange and Honey Vinaigrette .....	44:59

### DRINKS

Mimosa .....	44:87
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### DUCK

Braised Duck with Sicilian Olives and Almonds .....	42:86
Duck and Noodle Salad with Sweet Chilli Dressing .....	40:70
Spice-Roasted Duck .....	43:66

### EGGPLANT

Asian Lamb and Eggplant Kebabs .....	40:76
Eggplant and Haloumi Kofte with Roasted Cherry Tomatoes .....	42:94
Grilled Eggplant and Pork Fillet with Red Capsicum Dressing .....	41:58
Roasted Eggplant, Mushroom and Tomato Pasta with Ricotta .....	45:120
Sicilian Eggplant with Capers and Olives .....	45:115
Spicy Eggplant, Chickpea and Lamb Salad .....	41:112

## EGGS

Apple Dutch Baby Pancake .....	44:91
Bacon, Onion and Brie Tart .....	44:108
Baked Chocolate Custards .....	41:83
Braised Green Beans with Poached Eggs and Yoghurt Sauce .....	41:100
Breakfast Omelettes with Chorizo, Rocket and Bacon-Wrapped Tomatoes .....	41:100
Caramelised Banana, Rum and Raisin Bread and Butter Pudding .....	43:103
Chai Crème Brûlée .....	43:89
Cheat's Baked Cheese Soufflés .....	41:99
Cheesy Cornbread French Toast with Bacon and Avocado .....	44:91
Coronation Egg Sandwiches .....	41:104
Creamed Eggs with Smoked Salmon, Capers and Lemon .....	41:99
Curly Kale, Caramelised Onion and Egg Pizzas .....	42:75
Egg Mayonnaise .....	41:110
Fish Burgers with Gribiche Sauce .....	41:106
Fresh Egg Pasta Dough .....	41:69
Huevos Rancheros with Avocado Salsa .....	42:105
Lemon and Harissa Aioli .....	40:54
Lemon Victoria Sponge Cakes with Passionfruit Cream .....	41:103
Molten Chocolate and Raspberry Puddings .....	42:108
Nectarine French Toast with Cherries .....	40:89
New Potato, Soft-Boiled Egg and Crispy Bacon Salad .....	40:67
Poached Eggs and Spinach On Cheesy Sourdough Toast .....	45:122
Poached Eggs with Baked Feta, Olives, Zucchini and Toasted Pide .....	44:87
Potato, Cumin and Feta Cakes .....	41:99
Prawn and Spring Onion Omelette .....	40:96
Red Berry, Star Anise and Almond Crunch Meringue Torte .....	45:69
Rhubarb and Raspberry Meringue Tarts .....	42:69
Spiced Brown Sugar, Almond and Chocolate Ganache Meringues .....	41:104
Steamed Orange, Cardamom and Grand Marnier Pudding .....	43:96
Very Lemony Lemon Curd .....	43:77

### FENNEL

Escabèche — Marinated Fish .....	40:61
Fennel, White Bean and Tuna Bruschetta .....	43:110
Green Bean and Fennel Salad with Tomato Raisins .....	41:58
Green Bean, Edamame Bean and Fennel Salad with Pink Peppercorn Dressing .....	45:80
Italian Salad .....	42:106
Quick Pickles with Pink Peppercorns .....	44:60
Sesame Seed, Fennel and Coriander Crisps .....	45:96
Vegetable Soup .....	43:110
Warm Bocconcini, Fennel and Lemon Crostini .....	45:101

### FETA

Baked Prawns with Lemon and Feta .....	43:79
Beetroot, Spinach and Feta Parcels .....	42:61
Feta and Garlic Mash .....	42:65
Feta and Pea Falafel Salad with Tahini Dressing .....	40:67
Greek Flat Breads with Caramelised Onions, Beef and Green Olives .....	40:101
Italian Rice, Vegetable and Feta Tart .....	41:81
Lamb and Feta-Stuffed Capsicums .....	40:99
Poached Eggs with Baked Feta, Olives, Zucchini and Toasted Pide .....	44:87
Potato, Cumin and Feta Cakes .....	41:99
Roasted Tomato, Caramelised Onion and Feta Tarts .....	41:61
Sesame and Feta Mayo .....	44:100
Stuffed Leg of Lamb with Feta, Basil and Sundried Tomatoes .....	43:64

Stuffed Vine Leaves with Dill Yoghurt Sauce	42:93
Warm Cauliflower, Feta and Almond Salad	43:114
Whipped Feta and Yoghurt with Fresh Pomegranate	45:112

**FIGS**

Fig Compote	41:115
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**FISH — SEE ALSO SALMON, SEAFOOD, TUNA**

Baked Salmon with Coconut, Chilli and Ginger	45:70
Beer Battered Fish	40:54
Braised Fish with Leeks, Thyme and Potatoes	42:89
Ceviche with Melon, Mint and Cucumber	40:58
Creamed Eggs with Smoked Salmon, Capers and Lemon	41:99
Crispy Cajun Fish and Prawn Open Sandwich with Remoulade and Fried Capers	44:93
Escabèche — Marinated Fish	40:61
Fennel, White Bean and Tuna Bruschetta	43:110
Fish Burgers with Gribiche Sauce	41:106
Fish Soup with Roasted Tomatoes, Paprika and Oregano	41:90
Fish, Chickpea and Green Olive Tagine	40:58
Grilled Vietnamese Fish in Banana Leaves	40:62
Indian Spiced Salmon with Lime Raita	43:89
Lemon Pepper Fish with Mango Salsa	44:107
Olive Crusted Snapper with Egg Mayonnaise	41:110
Roasted Fish with Parsley, Lemon and Pine Nuts	40:61
Roasted Salmon On Crispy Potatoes with Spinach and Almonds	44:104
Roasted Whole Snapper with Egyptian Spices	40:54
Salmon Crostini with Lemon Crème Fraîche	41:77
Salmon, Prawn and Cider Pies with Scalloped Potatoes	42:66
Sautéed Fish with Two Pan Sauces	40:58
Seafood Stew with Chermoula, Potatoes and Olives	43:86
Smoked Fish with Horseradish and Dill	45:114
Smoked Salmon, Warm Roasted Gremolata Potatoes and Asparagus	44:88
Soft Fish Tacos with Tomatillo and Avocado Salsa and Red Cabbage Salad	44:72
Thai Fish and Green Bean Curry	43:109
Tuna and Avocado Salad	40:95
Turmeric Fish with Flat Breads and Pistachio Pesto	42:95

**GARLIC**

Basil Pesto	41:79
Crispy Roast Potatoes with Bay Leaves and Garlic	41:81
Feta and Garlic Mash	42:65
Hasselback Potatoes with Thyme, Garlic and Parmesan	45:80
Nuoc Cham	40:62

**GINGER**

Baked Salmon with Coconut, Chilli and Ginger	45:70
Braised Beef Spare Ribs with Ale, Soy and Ginger	42:85
Honey and Ginger Roasted Apricots, Ricotta and Sesame Crisp	40:86
Kashmiri Chicken with Ginger and Tomatoes	42:87
Miso and Ginger Dressing	44:62
Roasted Sweet and Sour Rack of Pork with Sticky Pineapple and Ginger	43:62
Sticky Ginger, Chocolate and Turkish Delight Christmas Bombe	45:85

**GRAPES**

Chicken, Pearl Barley and Grape Salad	40:73
Roast Chicken with Grapes and Thyme	41:81

Roasted Winter Fruits with Butterscotch Yoghurt	43:103
Tarragon Roasted Chickens with Pancetta and Grapes	45:76

**HAM — SEE BACON, HAM, PROSCIUTTO AND PANCETTA****HARISSA**

Green Pea, Avocado and Spinach with Lime and Harissa	45:112
Lemon and Harissa Aioli	40:54

**HAZELNUTS — SEE NUTS****HONEY**

Cider and Honey Braised Pork Belly	42:91
Herb and Honey Dressing	45:80
Honey and Ginger Roasted Apricots, Ricotta and Sesame Crisp	40:86
Tarragon, Orange and Honey Vinaigrette	44:59

**HORSERADISH**

Horseradish Sauce	43:59
Roast Beef with Glazed Beetroot and Horseradish Sauce	43:59
Smoked Fish with Horseradish and Dill	45:114

**ICE CREAMS AND GRANITAS**

Chocolate Chip Cookie and Ice Cream Sandwiches	40:76
Old-Fashioned Strawberry Ice Cream Sundaes	45:66
Raspberry and Hazelnut Semifreddo	40:89
Rose Turkish Delight and Watermelon Granita	40:86
Sticky Ginger, Chocolate and Turkish Delight Christmas Bombe	45:85

**JAMS, PICKLES, RELISHES AND PRESERVES**

Cherry and Star Anise Relish	43:66
Green Tomato Chow Chow	45:97
Onion Jam	41:61
Pickled Red Onions	44:72
Roasted Apple, Raisin and Red Onion Relish	43:62

**KEBABS AND SKEWERS**

Asian Lamb and Eggplant Kebabs	40:76
Crispy Beef and Peanut Kebabs	40:78
Italian Panzanella Salad Skewers	40:83
Pork and Bacon Braciola Skewers	40:78
Tuscan Chicken and Sausage Spiedini	40:82

**KIWIFRUIT**

Fresh Summer Fruit Rolls	40:92
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**KUMARA**

Asparagus and Vegetable Tart	44:65
Country Chicken and Kumara Pies with Thyme Pastry	42:63
Kumara Mash	43:112
Kumara Salad with Herb and Honey Dressing	45:80
Pork Fillet with Kumara and Almond, Paprika and Parsley Dressing	43:90

**LAMB**

Almond and Parsley Crusted Rack of Lamb	43:64
Asian Lamb and Eggplant Kebabs	40:76
Lamb and Artichoke Pies with Feta and Garlic Mash	42:65
Lamb and Feta-Stuffed Capsicums	40:99
Lamb Kofta with Lemon Couscous	44:109
Lamb Loin Chops with Anchovy and Parsley Butter	45:119
Lamb Shanks with Potatoes, Lemon and Mint Gremolata	42:89
Spiced Lamb Pie with Kumara Mash	43:112

Spiced Lamb Shoulder with Dates and Shallots On Couscous	42:97
Spicy Eggplant, Chickpea and Lamb Salad	41:112
Stuffed Leg of Lamb with Feta, Basil and Sundried Tomatoes	43:64

**LEEKs**

Baked Leeks with Ham and Cheese	43:114
Braised Fish with Leeks, Thyme and Potatoes	42:89
Cauliflower Gratin with Leeks, Parmesan and Sage Crumbs	42:76
Chicken, Spinach and Leek Soup with Shaved Parmesan	41:92
Spaghetti with Leeks, Bacon and Chilli Crumbs	41:109

**LEMONGRASS**

Lemongrass and Star Anise Syrup	40:88
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**LEMONS**

Baked Prawns with Lemon and Feta	43:79
Basil and Lemon Dressing	40:67
Blueberry and Lemon Bundt Cakes	45:61
Cherry and Lemon Tart	40:93
Chocolate Dipped Candied Lemon Peel	43:81
Creamed Eggs with Smoked Salmon, Capers and Lemon	41:99
Flat-Leaf Parsley, Smoked Paprika and Lemon Vinaigrette	44:59
Lamb Shanks with Potatoes, Lemon and Mint Gremolata	42:89
Lemon and Cinnamon Golden Syrup Dumplings	43:96
Lemon and Harissa Aioli	40:54
Lemon Couscous	44:109
Lemon Crème Fraîche	41:77
Lemon Dressing	40:78
Lemon Pepper Fish with Mango Salsa	44:107
Lemon Ricotta	45:64
Lemon Victoria Sponge Cakes with Passionfruit Cream	41:103
Lemon, Rocket and Ricotta Risotto with Roasted Hazelnuts	43:77
Mustard, Smoked Paprika and Lemon Roasted Cabbage Wedges	42:75
Olive Oil Preserved Lemons with Cardamom, Chilli and Cinnamon	43:77
Roasted Fish with Parsley, Lemon and Pine Nuts	40:61
Rocket and Lemon Couscous	45:119
Rolled and Roasted Pork Belly with Preserved Lemon, Rosemary and Chilli	43:62
Sticky Lemon Shortbread	43:79
Very Lemony Lemon Curd	43:77
Warm Bocconcini, Fennel and Lemon Crostini	45:101

**LENTILs**

Lentil and Spicy Sausage Soup	41:112
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**LIMES**

Beef Tataki Rolls with Wasabi and Lime	45:106
Frozen Mixed Berry and Lime Yoghurt	45:64
Green Pea, Avocado and Spinach with Lime and Harissa	45:112
Guava Paste, Lime and Cream Cheese Pastelillos	44:76
Hoisin Beef with Lime and Snowpeas	44:108
Lime Crema	44:70
Lime Raita	43:89
Nuoc Cham	40:62

**MANGO AND PAPAYA**

Mango Lassi Popsicles	40:82
Mango Salsa	44:107
Smoked Chicken, Green Bean and Papaya Salad	40:96

## MELON

Ceviche with Melon, Mint and Cucumber	40:58
Rose Turkish Delight and Watermelon Granita	40:86

## MERINGUES AND PAVLOVA

Caramelised Banana, Rum and Raisin Bread and Butter Pudding	43:103
Red Berry, Star Anise and Almond Crunch Meringue Torte	45:69
Rhubarb and Raspberry Meringue Tarts	42:69
Spiced Brown Sugar, Almond and Chocolate Ganache Meringues	41:104

## MINT

Ceviche with Melon, Mint and Cucumber	40:58
Fresh Summer Fruit Rolls	40:92
Green Pea and Mint Soup with Crispy Bacon	41:92
Haloumi, Pea and Mint Fritters	44:60
Herb and Honey Dressing	45:80
Herb Salsa	43:64
Italian Salad	42:106
Mint Gremolata	42:89
Peppermint Bark	45:93
Pistachio Pesto	42:95
Yoghurt, Mint and Pistachio Sauce	40:54

## MISO

Miso and Ginger Dressing	44:62
Miso Soup with Udon Noodles and Togarashi	44:104

## MOZZARELLA, BOCCONCINI — SEE ALSO CHEESES

Fennel Sausage and Mozzarella Hero Sandwich	45:120
Linguine with Roasted Tomatoes, Pine Nuts and Bocconcini	41:78
Mixed Tomato, Purple Basil and Mozzarella Salad with Capers and Mustard Dressing	45:74
Roasted Beetroot, Broccoli and Bocconcini with Balsamic Dressing	41:64
Roasted Peppers with Buffalo Mozzarella and Basil	40:67
Warm Bocconcini, Fennel and Lemon Crostini	45:101

## MUSHROOMS

Chinese Spiced Beef and Mushroom Pie	42:61
Chorizo, Mushrooms and Chickpeas On Garlic Yoghurt with Sage Brown Butter	44:85
Jacket Potatoes with Beef and Mushroom Ragu	42:102
Miso Soup with Udon Noodles and Togarashi	44:104
Mixed Mushroom Soup with Cheesy Toasts	41:95
Quick Beef Ragu On Pasta	43:109
Raw Zucchini, Mushroom and Spinach Salad with Roasted Almonds and Parmesan Dressing	41:63
Roasted Eggplant, Mushroom and Tomato Pasta with Ricotta	45:120
Savoury Mushrooms On Bruschetta	41:109

## MUSTARD

Caper and Mustard Dressing	45:74
Chicken Saltimbocca with Mustard, Cream and Sage	44:96
Mustard, Smoked Paprika and Lemon Roasted Cabbage Wedges	42:75
Shallot, Red Wine Vinegar and Grain Mustard Vinaigrette	44:59

## NECTARINES — SEE STONE FRUIT

## NIBBLES, SMALL BITES AND ANTIPASTI

Asian Lamb and Eggplant Kebabs	40:76
Avocado and Tahini Dipping Sauce	45:105

Beef and Spinach Filo Triangles with Tahini Sauce and Sumac	42:93
Beef Tataki Rolls with Wasabi and Lime	45:106
Beetroot, Spinach and Feta Parcels	42:61
Chocolate Chip Cookie and Ice Cream Sandwiches	40:76
Crispy Beef and Peanut Kebabs	40:78
Crostini	45:74
Eggplant and Haloumi Kofte with Roasted Cherry Tomatoes	42:94
Elotes Callejeros — 'Street-Style' Chargrilled Corn	44:69
Fennel, White Bean and Tuna Bruschetta	43:110
Galloping Horses	45:108
Green Pea, Avocado and Spinach with Lime and Harissa	45:112
Grilled Chicken, Refried Beans and Radish Tostaditas	44:69
Haloumi, Pea and Mint Fritters	44:60
Italian Panzanella Salad Skewers	40:83
Medjool Dates, Blue Cheese, Prosciutto and Balsamic Glaze	45:101
Mocha Biscotti	41:83
Moroccan Spiced Prawns	45:105
Onion Bhaji	43:110
Parmesan and Walnut Wafers	41:78
Polenta Chips with Gorgonzola Sauce	41:77
Pork and Bacon Braciola Skewers	40:78
Pork, Chorizo and Olive Empanadas	42:65
Prawn Tostaditas with Almond and Guajillo Chilli Salsa	44:69
Roasted Cherry, Thyme and Goat's Cheese Bruschetta	45:64
Roasted Pumpkin Hummus with Tahini and Dukkah	45:114
Roasted Tomato, Caramelised Onion and Feta Tarts	41:61
Salmon Crostini with Lemon Crème Fraîche	41:77
Savoury Mushrooms On Bruschetta	41:109
Sesame Seed, Fennel and Coriander Crisps	45:96
Sicilian Eggplant with Capers and Olives	45:115
Smoked Fish with Horseradish and Dill	45:114
Spiced Walnuts	45:79
Sticky Sesame Prawns	40:78
Stuffed Vine Leaves with Dill Yoghurt Sauce	42:93
Tomato, Zucchini and Herb Fritters	41:63
Tuscan Chicken and Sausage Spiedini	40:82
Tuscan Chicken Liver Pâté	41:77
Warm Bocconcini, Fennel and Lemon Crostini	45:101
Whipped Feta and Yoghurt with Fresh Pomegranate	45:112
Za'atar Spiced Beetroot Dip with Pomegranate Molasses	45:112

## NOODLES

Duck and Noodle Salad with Sweet Chilli Dressing	40:70
Miso Soup with Udon Noodles and Togarashi	44:104

## NUTS — CASHEWS, PISTACHIOS, HAZELNUTS; SEE ALSO ALMONDS, PEANUTS, WALNUTS

Almond and Guajillo Chilli Salsa	44:69
Almond and Parsley Crusted Rack of Lamb	43:64
Almond Praline	45:69
Apricot, Almond and Vanilla Tarte Tartin	43:99
Basil and Cashew Nut Dressing	40:96
Braised Duck with Sicilian Olives and Almonds	42:86
Brussels Sprouts with Bacon, Orange and Hazelnuts	42:73
Candied Pecans	40:70
Cervena Salad with Blue Cheese, Spiced Walnuts and Green Apple	45:79
Cherry and Hazelnut Cake	41:85
Couscous Stuffing	43:66

Crispy Beef and Peanut Kebabs	40:78
Flourless Hazelnut and Orange Syrup Cake with Orange Syllabub	45:83
Green Vegetable Salad with Hazelnuts and Cranberries	40:70
Lemon, Rocket and Ricotta Risotto with Roasted Hazelnuts	43:77
Merry Muesli	45:94
Mexican Almond Cookies	44:79
Parmesan and Walnut Wafers	41:78
Pesto	40:67
Pistachio Pesto	42:95
Pork Cutlets with Almond Picada	45:119
Pork Fillet with Kumara and Almond, Paprika and Parsley Dressing	43:90
Raspberry and Hazelnut Semifreddo	40:89
Raw Zucchini, Mushroom and Spinach Salad with Roasted Almonds and Parmesan Dressing	41:63
Red Berry, Star Anise and Almond Crunch Meringue Torte	45:69
Roasted Salmon On Crispy Potatoes with Spinach and Almonds	44:104
Spiced Brown Sugar, Almond and Chocolate Ganache Meringues	41:104
Spiced Walnuts	45:79
Warm Cauliflower, Feta and Almond Salad	43:114
Yoghurt, Mint and Pistachio Sauce	40:54

## OLIVES

Braised Duck with Sicilian Olives and Almonds	42:86
Fish, Chickpea and Green Olive Tagine	40:58
Greek Flat Breads with Caramelised Onions, Beef and Green Olives	40:101
Kalamata Olive Butter	45:32
Olive Crusted Snapper with Egg Mayonnaise	41:110
Poached Eggs with Baked Feta, Olives, Zucchini and Toasted Pide	44:87
Pork, Chorizo and Olive Empanadas	42:65
Seafood Stew with Chermoula, Potatoes and Olives	43:86
Sicilian Eggplant with Capers and Olives	45:115

## ONIONS, SPRING ONIONS, SHALLOTS

Bacon, Onion and Brie Tart	44:108
Curly Kale, Caramelised Onion and Egg Pizzas	42:75
Greek Flat Breads with Caramelised Onions, Beef and Green Olives	40:101
Italian Salad	42:106
Onion Bhaji	43:110
Onion Jam	41:61
Oven-Baked Potato Rosti, Sausages and Onion Gravy	43:112
Pickled Red Onions	44:72
Prawn and Spring Onion Omelette	40:96
Roasted Apple, Raisin and Red Onion Relish	43:62
Roasted Tomato, Caramelised Onion and Feta Tarts	41:61
Shallot, Red Wine Vinegar and Grain Mustard Vinaigrette	44:59
Spiced Lamb Shoulder with Dates and Shallots On Couscous	42:97

## ORANGES

Brussels Sprouts with Bacon, Orange and Hazelnuts	42:73
Flourless Hazelnut and Orange Syrup Cake with Orange Syllabub	45:83
Glazed Oranges	45:83
Orange and Cinnamon Jelly with Macerated Orange Slices	42:97
Orange Dressing	40:70
Orange Syllabub	45:83
Oranges in Syrup	43:96



Roasted Rhubarb and Strawberries with Orange and Balsamic Vinegar .....	45:122
Steamed Orange, Cardamom and Grand Marnier Pudding .....	43:96
Tarragon, Orange and Honey Vinaigrette .....	44:59

**OREGANO**

Fish Soup with Roasted Tomatoes, Paprika and Oregano .....	41:90
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**PANCETTA — SEE BACON, HAM, PROSCIUTTO AND PANCETTA****PAPAYA — SEE MANGO AND PAPAYA****PAPRIKA**

Fish Soup with Roasted Tomatoes, Paprika and Oregano .....	41:90
Flat-Leaf Parsley, Smoked Paprika and Lemon Vinaigrette .....	44:59
Mustard, Smoked Paprika and Lemon Roasted Cabbage Wedges .....	42:75
Pork Fillet with Kumara and Almond, Paprika and Parsley Dressing .....	43:90
Spanish-Style Oxtail Braised with Chorizo, Red Wine and Smoked Paprika .....	42:85

**PARMESAN**

Baked Leeks with Ham and Cheese .....	43:114
Basil Pesto .....	41:79
Broad Bean, Rocket and Pear Salad with Shaved Parmesan .....	41:83
Cauliflower Gratin with Leeks, Parmesan and Sage Crumbs .....	42:76
Chicken, Spinach and Leek Soup with Shaved Parmesan .....	41:92
Hasselback Potatoes with Thyme, Garlic and Parmesan .....	45:80
Mixed Leaf Salad with Parmesan .....	45:80
Parmesan and Walnut Wafers .....	41:78
Parmesan Dressing .....	41:63
Pesto .....	40:67

**PARSLEY**

Almond and Parsley Crusted Rack of Lamb .....	43:64
Flat-Leaf Parsley, Smoked Paprika and Lemon Vinaigrette .....	44:59
Herb Salsa .....	43:64
Lamb Loin Chops with Anchovy and Parsley Butter .....	45:119
Pesto .....	40:67
Pistachio Pesto .....	42:95
Pork Fillet with Kumara and Almond, Paprika and Parsley Dressing .....	43:90
Roasted Fish with Parsley, Lemon and Pine Nuts .....	40:61

**PARSNIPS**

Vegetable Soup .....	43:110
Winter Vegetable and Pearl Barley Soup .....	42:102

**PASSIONFRUIT**

Lemon Victoria Sponge Cakes with Passionfruit Cream .....	41:103
Raspberry Yoghurt Parfaits with Passionfruit Curd .....	40:101

**PASTA, POLENTA AND GRAINS**

Beetroot and Speck Pasta Filling .....	41:71
Beetroot Pasta Dough .....	41:69
Caramelised Pineapple with Yoghurt, Fresh Dates and Toasted Quinoa .....	44:85
Cheesy Cornbread French Toast with Bacon and Avocado .....	44:91
Chicken, Pearl Barley and Grape Salad .....	40:73
Coconut Rice .....	43:89
Couscous Stuffing .....	43:66
Fresh Egg Pasta Dough .....	41:69
Fresh Spinach Pasta Dough .....	41:69
Lamb Kofta with Lemon Couscous .....	44:109

Lemon, Rocket and Ricotta Risotto with Roasted Hazelnuts .....	43:77
Linguine with Roasted Asparagus and Cherry Tomatoes .....	44:107
Linguine with Roasted Tomatoes, Pine Nuts and Bocconcini .....	41:78
Merry Muesli .....	45:94
Polenta Chips .....	41:77
Pumpkin, Ricotta and Amaretti Pasta Filling .....	41:71
Quick Beef Ragu On Pasta .....	43:109
Ricotta and Spinach Pasta Filling .....	41:71
Roasted Eggplant, Mushroom and Tomato Pasta with Ricotta .....	45:120
Rocket and Lemon Couscous .....	45:119
Spaghetti with Leeks, Bacon and Chilli Crumbs .....	41:109
Spaghetti with Zucchini, Peas and Spinach .....	40:96
Spiced Bulgur Wheat and Apricot Stuffing .....	44:96
Spiced Lamb Shoulder with Dates and Shallots On Couscous .....	42:97
Spinach and Ricotta Gnocchi Baked with Cherry Tomatoes .....	42:105
Squid Ink Pasta with Cloudy Bay Clams .....	45:32
Winter Vegetable and Pearl Barley Soup .....	42:102

**PASTRY AND DOUGH**

Apple, Whisky and Raisin Pie .....	42:70
Bacon, Onion and Brie Tart .....	44:108
Beef and Spinach Filo Triangles with Tahini Sauce and Sumac .....	42:93
Chinese Spiced Beef and Mushroom Pie .....	42:61
Country Chicken and Kumara Pies with Thyme Pastry .....	42:63
Country Chicken and Kumara Pies with Thyme Pastry .....	42:63
Cream Cheese and Thyme Pastry .....	42:63
Guava Paste, Lime and Cream Cheese Pastelillos .....	44:76
Mince and Cheese Pies .....	42:59
Pork, Chorizo and Olive Empanadas .....	42:65
Spiced Lamb Pie with Kumara Mash .....	43:112
Spiced Sugar Palmiers with Lemon Ricotta and Berries .....	45:64
Sticky Toffee and Chocolate Pudding Tarts .....	42:67

**PEANUTS — SEE ALSO NUTS**

Crispy Beef and Peanut Kebabs .....	40:78
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**PEAS, SNOWPEAS**

Green Pea and Mint Soup with Crispy Bacon .....	41:92
Green Pea, Avocado and Spinach with Lime and Harissa .....	45:112
Haloumi, Pea and Mint Fritters .....	44:60
Hoisin Beef with Lime and Snowpeas .....	44:108
Miso Soup with Udon Noodles and Togarashi .....	44:104
Spaghetti with Zucchini, Peas and Spinach .....	40:96

**PEACHES — SEE STONE FRUIT****PEARS**

Baked Pears with Chocolate and Dates .....	43:86
Broad Bean, Rocket and Pear Salad with Shaved Parmesan .....	41:83
Chocolate and Poached Pear Puddings with Chocolate Sauce .....	43:99
Roasted Winter Fruits with Butterscotch Yoghurt .....	43:103
Vanilla Poached Pears and Fig Compote .....	41:115

**PECANS — SEE NUTS****PEPPERS — SEE CAPSICUMS****PICKLES, RELISHES AND PRESERVES — SEE JAMS, PICKLES, RELISHES AND PRESERVES****PIES — SEE ALSO TARTS, SAVOURY AND TARTS, SWEET**

Apple, Whisky and Raisin Pie .....	42:70
Chinese Spiced Beef and Mushroom Pie .....	42:61
Country Chicken and Kumara Pies with Thyme Pastry .....	42:63
Lamb and Artichoke Pies with Feta and Garlic Mash .....	42:65
Mince and Cheese Pies .....	42:59
Pork, Chorizo and Olive Empanadas .....	42:65
Salmon, Prawn and Cider Pies with Scalloped Potatoes .....	42:66
Spiced Lamb Pie with Kumara Mash .....	43:112

**PINEAPPLE**

Baked Ham Glazed with Pineapple, Rum and Allspice .....	45:76
Caramelised Pineapple with Yoghurt, Fresh Dates and Toasted Quinoa .....	44:85
Galloping Horses .....	45:108
Roasted Sweet and Sour Rack of Pork with Sticky Pineapple and Ginger .....	43:62

**PINE NUTS**

Basil Pesto .....	41:79
Linguine with Roasted Tomatoes, Pine Nuts and Bocconcini .....	41:78
Roasted Fish with Parsley, Lemon and Pine Nuts .....	40:61

**PISTACHIOS — SEE NUTS****PIZZAS**

Curly Kale, Caramelised Onion and Egg Pizzas .....	42:75
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**POLENTA — SEE PASTA, POLENTA AND GRAINS****PORK**

Bacon-Wrapped Polpetta in Tomato Sauce .....	41:115
Cider and Honey Braised Pork Belly .....	42:91
Galloping Horses .....	45:108
Grilled Eggplant and Pork Fillet with Red Capsicum Dressing .....	41:58
Pork and Bacon Braciola Skewers .....	40:78
Pork Cutlets with Almond Picada .....	45:119
Pork Fillet with Kumara and Almond, Paprika and Parsley Dressing .....	43:90
Pork Steaks with Moroccan Pumpkin and Rice Pilaf .....	42:108
Pork Tonkatsu with Red Cabbage Salad .....	40:99
Pork, Chorizo and Olive Empanadas .....	42:65
Roasted Sweet and Sour Rack of Pork with Sticky Pineapple and Ginger .....	43:62
Rolled and Roasted Pork Belly with Preserved Lemon, Rosemary and Chilli .....	43:62
Slow-Braised Pork Carnitas, Pickled Red Onions and Pico De Gallo .....	44:75

**POTATOES**

Braised Fish with Leeks, Thyme and Potatoes .....	42:89
Crispy Chicken On Potatoes with Balsamic Spinach .....	41:110
Crispy Roast Potatoes with Bay Leaves and Garlic .....	41:81
Feta and Garlic Mash .....	42:65
Hasselback Potatoes with Thyme, Garlic and Parmesan .....	45:80
Jacket Potatoes with Beef and Mushroom Ragu .....	42:102
Lamb Shanks with Potatoes, Lemon and Mint Gremolata .....	42:89
New Potato, Soft-Boiled Egg and Crispy Bacon Salad .....	40:67
Oven-Baked Potato Rosti, Sausages and Onion Gravy .....	43:112

Potato, Cumin and Feta Cakes .....	41:99
Roasted Salmon On Crispy Potatoes with Spinach and Almonds .....	44:104
Salmon, Prawn and Cider Pies with Scalloped Potatoes .....	42:66
Seafood Stew with Chermoula, Potatoes and Olives .....	43:86
Smoked Salmon, Warm Roasted Gremolata Potatoes and Asparagus .....	44:88
Stuffed Leg of Lamb with Feta, Basil and Sundried Tomatoes .....	43:64

## PROSCIUTTO — SEE BACON, HAM, PROSCIUTTO AND PANCETTA

## PRAWNS AND SHRIMPS — SEE ALSO SEAFOOD

Baked Prawns with Lemon and Feta .....	43:79
Crispy Cajun Fish and Prawn Open Sandwich with Remoulade and Fried Capers .....	44:93
Moroccan Spiced Prawns .....	45:105
Prawn and Spring Onion Omelette .....	40:96
Prawn Or Scallop Tarts with Asparagus and Aioli .....	45:79
Prawn Tostaditas with Almond and Guajillo Chilli Salsa .....	44:69
Salmon, Prawn and Cider Pies with Scalloped Potatoes .....	42:66
Seafood Stew with Chermoula, Potatoes and Olives .....	43:86
Sticky Sesame Prawns .....	40:78

## PUDDINGS — SEE COLD DESSERTS AND WARM DESSERTS

## PUMPKIN

Candied Pepitas (Pumpkin Seeds) .....	44:76
Moroccan Pumpkin and Rice Pilaf .....	42:108
Pumpkin, Ricotta and Amaretti Pasta Filling .....	41:71
Roasted Pumpkin Hummus with Tahini and Dukkah .....	45:114
Vegetable Soup .....	43:110
Winter Vegetable and Pearl Barley Soup .....	42:102

## RADISHES

Fish Burgers with Gribiche Sauce .....	41:106
Grilled Chicken, Refried Beans and Radish Tostaditas .....	44:69
Quick Pickles with Pink Peppercorns .....	44:60
Roasted Spring Vegetables with Miso and Ginger Dressing .....	44:62

## RAISINS

Apple, Whisky and Raisin Pie .....	42:70
Caramelised Banana, Rum and Raisin Bread and Butter Pudding .....	43:103
Red Cabbage with Beetroot, Apples, Cinnamon and Raisins .....	42:76
Roasted Apple, Raisin and Red Onion Relish .....	43:62

## RASPBERRIES AND STRAWBERRIES

Fresh Raspberry and Brown Sugar Gratins .....	45:69
Molten Chocolate and Raspberry Puddings .....	42:108
Old-Fashioned Strawberry Ice Cream Sundaes .....	45:66
Quick Raspberry and Nectarine Frozen Yoghurt .....	40:91
Raspberry and Hazelnut Semifreddo .....	40:89
Raspberry Coulis .....	45:69
Raspberry Yoghurt Parfaits with Passionfruit Curd .....	40:101
Red Berry, Star Anise and Almond Crunch Meringue Torte .....	45:69
Rhubarb and Raspberry Meringue Tarts .....	42:69
Roasted Rhubarb and Strawberries with Orange and Balsamic Vinegar .....	45:122
Spiced Sugar Palmiers with Lemon Ricotta and Berries .....	45:64

## RHUBARB

Berry and Rhubarb Crumbles .....	43:101
Rhubarb and Raspberry Meringue Tarts .....	42:69
Roasted Rhubarb and Strawberries with Orange and Balsamic Vinegar .....	45:122

## RICE

Cardamom and Apricot Rice Pudding .....	42:99
Coconut Rice .....	43:89
Italian Rice, Vegetable and Feta Tart .....	41:81
Lemon, Rocket and Ricotta Risotto with Roasted Hazelnuts .....	43:77
Moroccan Pumpkin and Rice Pilaf .....	42:108
Stuffed Vine Leaves with Dill Yoghurt Sauce .....	42:93

## RICOTTA

Honey and Ginger Roasted Apricots, Ricotta and Sesame Crisp .....	40:86
Lemon Ricotta .....	45:64
Lemon, Rocket and Ricotta Risotto with Roasted Hazelnuts .....	43:77
Pumpkin, Ricotta and Amaretti Pasta Filling .....	41:71
Ricotta and Spinach Pasta Filling .....	41:71
Roasted Eggplant, Mushroom and Tomato Pasta with Ricotta .....	45:120
Spinach and Ricotta Gnocchi Baked with Cherry Tomatoes .....	42:105

## ROCKET

Breakfast Omelettes with Chorizo, Rocket and Bacon-Wrapped Tomatoes .....	41:100
Broad Bean, Rocket and Pear Salad with Shaved Parmesan .....	41:83
Italian Salad .....	42:106
Lemon, Rocket and Ricotta Risotto with Roasted Hazelnuts .....	43:77
Mixed Leaf Salad with Parmesan .....	45:80
Pesto .....	40:67
Rocket and Lemon Couscous .....	45:119
Rocket Salsa Verde .....	45:76

## ROSEMARY

Chickpea and Rosemary Soup with Sizzled Chorizo .....	41:90
Rolled and Roasted Pork Belly with Preserved Lemon, Rosemary and Chilli .....	43:62

## SAGE

Cauliflower Gratin with Leeks, Parmesan and Sage Crumbs .....	42:76
Chicken Saltimbocca with Mustard, Cream and Sage .....	44:96
Sage Brown Butter .....	44:85

## SALADS, FRUIT

Summer Fruit Salad with Lemongrass and Star Anise Syrup .....	40:88
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## SALADS, MEAT AND FISH

Cervena Salad with Blue Cheese, Spiced Walnuts and Green Apple .....	45:79
Chicken, Pearl Barley and Grape Salad .....	40:73
Chicken, Pepperdew and Green Bean Salad .....	45:122
Duck and Noodle Salad with Sweet Chilli Dressing .....	40:70
New Potato, Soft-Boiled Egg and Crispy Bacon Salad .....	40:67
Quick Thai Poached Chicken Salad .....	44:100
Red Cabbage Salad .....	44:72
Smoked Chicken, Green Bean and Papaya Salad .....	40:96
Spicy Eggplant, Chickpea and Lamb Salad .....	41:112
Steak Salad with Blue Cheese Dressing and Candied Pecans .....	40:70
Tuna and Avocado Salad .....	40:95

## SALADS, VEGETABLE

Broad Bean, Rocket and Pear Salad with Shaved Parmesan .....	41:83
Feta and Pea Falafel Salad with Tahini Dressing .....	40:67
Green Bean and Fennel Salad with Tomato Raisins .....	41:58
Green Bean, Edamame Bean and Fennel Salad with Pink Peppercorn Dressing .....	45:80
Green Vegetable Salad with Hazelnuts and Cranberries .....	40:70
Italian Panzanella Salad Skewers .....	40:83
Italian Salad .....	42:106
Kumara Salad with Herb and Honey Dressing .....	45:80
Lettuces with Three Vinaigrettes .....	44:59
Mixed Leaf Salad with Parmesan .....	45:80
Mixed Tomato, Purple Basil and Mozzarella Salad with Caper and Mustard Dressing .....	45:74
Raw Zucchini, Mushroom and Spinach Salad with Roasted Almonds and Parmesan Dressing .....	41:63
Red Cabbage Salad .....	40:99
Red Cabbage Salad .....	44:72
Warm Cauliflower, Feta and Almond Salad .....	43:114

## SALMON

Baked Salmon with Coconut, Chilli and Ginger .....	45:70
Creamed Eggs with Smoked Salmon, Capers and Lemon .....	41:99
Indian Spiced Salmon with Lime Raita .....	43:89
Roasted Salmon On Crispy Potatoes with Spinach and Almonds .....	44:104
Salmon Crostini with Lemon Crème Fraîche .....	41:77
Salmon, Prawn and Cider Pies with Scalloped Potatoes .....	42:66
Smoked Salmon, Warm Roasted Gremolata Potatoes and Asparagus .....	44:88

## SALTS, SPICE MIXES AND STOCKS

Egyptian Spices .....	40:54
Kashmiri Spice Paste .....	42:87
Spice Paste For Duck .....	43:66
Sweet and Sour Spice Paste .....	43:62

## SAVOURY SAUCES, SALSAS AND TOPPINGS — SEE ALSO BUTTER, DIPS, DRESSINGS

Almond and Guajillo Chilli Salsa .....	44:69
Anchovy and Parsley Butter .....	45:119
Avocado and Tahini Dipping Sauce .....	45:105
Avocado Salsa .....	42:105
Basil Pesto .....	41:79
Chermoula .....	43:86
Gorgonzola Sauce .....	41:77
Gravy .....	45:76
Green Goddess Sauce .....	40:54
Gribiche Sauce .....	41:106
Guacamole .....	44:72
Herb Salsa .....	43:64
Horseradish Sauce .....	43:59
Mango Salsa .....	44:107
Mint Gremolata .....	42:89
Nuoc Cham .....	40:62
Onion Gravy .....	43:112
Pesto .....	40:67
Pico De Gallo — Salsa Fresca .....	44:72
Pistachio Pesto .....	42:95
Remoulade .....	44:93
Rocket Salsa Verde .....	45:76
Tahini Sauce .....	42:93
Tomatillo and Avocado Salsa .....	44:70
Tomato Sauce .....	45:120
Yoghurt and Blue Cheese Dipping Sauce .....	45:106
Yoghurt Sauce .....	41:100
Yoghurt, Mint and Pistachio Sauce .....	40:54



**SAUSAGES, CHORIZO**

Breakfast Omelettes with Chorizo, Rocket and Bacon-Wrapped Tomatoes .....	41:100
Chickpea and Rosemary Soup with Sizzled Chorizo .....	41:90
Chorizo, Mushrooms and Chickpeas On Garlic Yoghurt with Sage Brown Butter .....	44:85
Fennel Sausage and Mozzarella Hero Sandwich .....	45:120
Lentil and Spicy Sausage Soup .....	41:112
Oven-Baked Potato Rosti, Sausages and Onion Gravy .....	43:112
Pork, Chorizo and Olive Empanadas .....	42:65
Spanish-Style Oxtail Braised with Chorizo, Red Wine and Smoked Paprika .....	42:85
Tuscan Chicken and Sausage Spiedini .....	40:82

**SCALLOPS, CLAMS**

Prawn Or Scallop Tarts with Asparagus and Aioli .....	45:79
Squid Ink Pasta with Cloudy Bay Clams .....	45:32

**SEAFOOD — SEE ALSO PRAWNS AND SHRIMPS, SCALLOPS**

Baked Prawns with Lemon and Feta .....	43:79
Crispy Cajun Fish and Prawn Open Sandwich with Remoulade and Fried Capers .....	44:93
Moroccan Spiced Prawns .....	45:105
Prawn and Spring Onion Omelette .....	40:96
Prawn Or Scallop Tarts with Asparagus and Aioli .....	45:79
Prawn Tostaditas with Almond and Guajillo Chili Salsa .....	44:69
Salmon, Prawn and Cider Pies with Scalloped Potatoes .....	42:66
Seafood Stew with Chermoula, Potatoes and Olives .....	43:86
Squid Ink Pasta with Cloudy Bay Clams .....	45:32
Sticky Sesame Prawns .....	40:78

**SESAME**

Honey and Ginger Roasted Apricots, Ricotta and Sesame Crisp .....	40:86
Sesame and Feta Mayo .....	44:100
Sesame Seed, Fennel and Coriander Crisps .....	45:96
Sticky Sesame Prawns .....	40:78

**SHRIMPS — SEE PRAWNS AND SHRIMPS****SILVERBEET, CHARD AND KALE**

Curly Kale, Caramelised Onion and Egg Pizzas .....	42:75
Italian Rice, Vegetable and Feta Tart .....	41:81

**SKEWERS — SEE KEBABS AND SKEWERS****SMOKED FISH**

Smoked Fish with Horseradish and Dill .....	45:114
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**SOUPS**

Chicken, Spinach and Leek Soup with Shaved Parmesan .....	41:92
Chickpea and Rosemary Soup with Sizzled Chorizo .....	41:90
Fish Soup with Roasted Tomatoes, Paprika and Oregano .....	41:90
Green Pea and Mint Soup with Crispy Bacon .....	41:92
Lentil and Spicy Sausage Soup .....	41:112
Miso Soup with Udon Noodles and Togarashi .....	44:104
Mixed Mushroom Soup with Cheesy Toasts .....	41:95
Vegetable Soup .....	43:110
Winter Vegetable and Pearl Barley Soup .....	42:102
Zucchini, Sweet Corn and Basil Soup .....	41:92

**SPICE MIXES — SEE SALTS, SPICE MIXES AND STOCKS****SPINACH**

Beef and Spinach Filo Triangles with Tahini Sauce and Sumac .....	42:93
Beetroot, Spinach and Feta Parcels .....	42:61
Chicken, Spinach and Leek Soup with Shaved Parmesan .....	41:92
Crispy Chicken On Potatoes with Balsamic Spinach .....	41:110
Fresh Spinach Pasta Dough .....	41:69
Green Pea, Avocado and Spinach with Lime and Harissa .....	45:112
Grilled Eggplant and Pork Fillet with Red Capsicum Dressing .....	41:58
Poached Eggs and Spinach On Cheesy Sourdough Toast .....	45:122
Raw Zucchini, Mushroom and Spinach Salad with Roasted Almonds and Parmesan Dressing .....	41:63
Ricotta and Spinach Pasta Filling .....	41:71
Roasted Salmon On Crispy Potatoes with Spinach and Almonds .....	44:104
Spaghetti with Zucchini, Peas and Spinach .....	40:96
Spinach and Ricotta Gnocchi Baked with Cherry Tomatoes .....	42:105
Winter Vegetable and Pearl Barley Soup .....	42:102

**STOCKS — SEE SALTS, SPICE MIXES AND STOCKS****STONE FRUIT — APRICOTS, CHERRIES, NECTARINES, PEACHES, PLUMS**

Apricot, Almond and Vanilla Tarte Tartin .....	43:99
Cherries and Chocolate Mousse .....	45:70
Cherry and Hazelnut Cake .....	41:85
Cherry and Lemon Tart .....	40:93
Cherry and Star Anise Relish .....	43:66
Honey and Ginger Roasted Apricots, Ricotta and Sesame Crisp .....	40:86
Nectarine French Toast with Cherries .....	40:89
Quick Raspberry and Nectarine Frozen Yoghurt .....	40:91
Roasted Cherry, Thyme and Goat's Cheese Bruschetta .....	45:64
Spiced Bulgur Wheat and Apricot Stuffing .....	44:96

**STRAWBERRIES — SEE RASPBERRIES AND STRAWBERRIES****STUFFINGS**

Couscous Stuffing .....	43:66
Spiced Bulgur Wheat and Apricot Stuffing .....	44:96

**SWEET CORN**

Elotes Callejeros — 'Street-Style' Chargrilled Corn .....	44:69
Zucchini, Sweet Corn and Basil Soup .....	41:92

**SWEETS**

Almond Praline .....	45:69
Candied Pepitas (Pumpkin Seeds) .....	44:76
Panforte .....	45:99
Peppermint Bark .....	45:93

**SWEET SAUCES, SYRUPS AND TOPPINGS**

Chocolate Ganache .....	41:104
Chocolate Sauce .....	43:99
Lemongrass and Star Anise Syrup .....	40:88
Raspberry Coulis .....	45:69
Strawberry Syrup .....	45:66
Sweet Dipping Sauce .....	40:92
Toffee Sauce .....	42:66

**TAGINES**

Fish, Chickpea and Green Olive Tagine .....	40:58
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**TAHINI**

Avocado and Tahini Dipping Sauce .....	45:105
Roasted Pumpkin Hummus with Tahini and Dukkah .....	45:114
Tahini Dressing .....	40:67
Tahini Sauce .....	42:93

**TARRAGON**

Tarragon, Orange and Honey Vinaigrette .....	44:59
Tarragon Roasted Chickens with Pancetta and Grapes .....	45:76

**TARTS, SAVOURY**

Asparagus and Vegetable Tart .....	44:65
Bacon, Onion and Brie Tart .....	44:108
Italian Rice, Vegetable and Feta Tart .....	41:81
Roasted Tomato, Caramelised Onion and Feta Tarts .....	41:61

**TARTS, SWEET**

Apricot, Almond and Vanilla Tarte Tartin .....	43:99
Cherry and Lemon Tart .....	40:93
Prawn Or Scallop Tarts with Asparagus and Aioli .....	45:79
Rhubarb and Raspberry Meringue Tarts .....	42:69
Sticky Toffee and Chocolate Pudding Tarts .....	42:66

**THYME**

Braised Fish with Leeks, Thyme and Potatoes .....	42:89
Cream Cheese and Thyme Pastry .....	42:63
Hasselback Potatoes with Thyme, Garlic and Parmesan .....	45:80
Roast Chicken with Grapes and Thyme .....	41:81
Roasted Cherry, Thyme and Goat's Cheese Bruschetta .....	45:64

**TOMATOES**

Bacon-Wrapped Polpetta in Tomato Sauce .....	41:115
Breakfast Omelettes with Chorizo, Rocket and Bacon-Wrapped Tomatoes .....	41:100
Eggplant and Haloumi Kofte with Roasted Cherry Tomatoes .....	42:94
Fish Soup with Roasted Tomatoes, Paprika and Oregano .....	41:90
Green Bean and Fennel Salad with Tomato Raisins .....	41:58
Green Tomato Chow Chow .....	45:97
Huevos Rancheros with Avocado Salsa .....	42:105
Italian Rice, Vegetable and Feta Tart .....	41:81
Kashmiri Chicken with Ginger and Tomatoes .....	42:87
Linguine with Roasted Asparagus and Cherry Tomatoes .....	44:107
Linguine with Roasted Tomatoes, Pine Nuts and Bocconcini .....	41:78
Mixed Tomato, Purple Basil and Mozzarella Salad with Caper and Mustard Dressing .....	45:74
Pico De Gallo .....	44:72
Quick Beef Ragù On Pasta .....	43:109
Roasted Eggplant, Mushroom and Tomato Pasta with Ricotta .....	45:120
Roasted Tomato, Caramelised Onion and Feta Tarts .....	41:61
Seafood Stew with Chermoula, Potatoes and Olives .....	43:86
Spinach and Ricotta Gnocchi Baked with Cherry Tomatoes .....	42:105
Stuffed Leg of Lamb with Feta, Basil and Sundried Tomatoes .....	43:64
Tomatillo and Avocado Salsa .....	44:70
Tomato Sauce .....	45:120
Tomato, Zucchini and Herb Fritters .....	41:63
Winter Vegetable and Pearl Barley Soup .....	42:102

## TUNA — SEE ALSO FISH, SEAFOOD

- Fennel, White Bean and Tuna Bruschetta .....43:110
- Tuna and Avocado Salad .....40:95

## TURMERIC

- Turmeric Fish with Flat Breads and Pistachio Pesto .....42:95

## VANILLA

- Apricot, Almond and Vanilla Tarte Tartin .....43:99
- Vanilla Poached Pears and Fig Compote .....41:115

## VEGETABLES — SEE ALSO INDIVIDUAL VEGETABLES, SALADS

- Asparagus and Vegetable Tart .....44:65
- Baked Leeks with Ham and Cheese .....43:114
- Beetroot .....44:60
- Beetroot, Spinach and Feta Parcels .....42:61
- Braised Green Beans with Poached Eggs and Yoghurt Sauce .....41:100
- Broad Bean, Rocket and Pear Salad with Shaved Parmesan .....41:83
- Brussels Sprouts with Bacon, Orange and Hazelnuts .....42:73
- Cauliflower Gratin with Leeks, Parmesan and Sage Crumbs .....42:76
- Cervena Salad with Blue Cheese, Spiced Walnuts and Green Apple .....45:79
- Chicken, Pepperdew and Green Bean Salad .....45:122
- Crispy Roast Potatoes with Bay Leaves and Garlic .....41:81
- Curly Kale, Caramelised Onion and Egg Pizzas .....42:75
- Eggplant and Haloumi Kofte with Roasted Cherry Tomatoes .....42:94
- Elotes Callejeros — ‘Street-Style’ Chargrilled Corn .....44:69
- Feta and Garlic Mash .....42:65
- Glazed Beetroot .....43:59
- Green Bean and Fennel Salad with Tomato Raisins .....41:58
- Green Bean, Edamame Bean and Fennel Salad with Pink Peppercorn Dressing .....45:80
- Green Tomato Chow Chow .....45:97
- Green Vegetable Salad with Hazelnuts and Cranberries .....40:70
- Grilled Asparagus with Kalamata Olive Butter .....45:32
- Haloumi, Pea and Mint Fritters .....44:60
- Hasselback Potatoes with Thyme, Garlic and Parmesan .....45:80
- Italian Panzanella Salad Skewers .....40:83
- Italian Salad .....42:106
- Jacket Potatoes with Beef and Mushroom Ragù .....42:102
- Kumara Mash .....43:112
- Kumara Salad with Herb and Honey Dressing .....45:80
- Lamb and Feta-Stuffed Capsicums .....40:99
- Lettuces with Three Vinaigrettes .....44:59
- Mixed Leaf Salad with Parmesan .....45:80
- Mixed Tomato, Purple Basil and Mozzarella Salad with Caper and Mustard Dressing .....45:74
- Moroccan Pumpkin and Rice Pilaf .....42:108
- Mustard, Smoked Paprika and Lemon Roasted Cabbage Wedges .....42:75
- New Potato, Soft-Boiled Egg and Crispy Bacon Salad .....40:67
- Onion Bhaji .....43:110
- Onion Jam .....41:61
- Oven-Baked Potato Rosti .....43:112
- Pickled Red Onions .....44:72
- Potato Rosti .....43:112
- Potato, Cumin and Feta Cakes .....41:99
- Pumpkin, Ricotta and Amaretti Pasta Filling .....41:71
- Quick Pickles with Pink Peppercorns .....44:60

- Raw Zucchini, Mushroom and Spinach Salad with Roasted Almonds and Parmesan Dressing .....41:63
- Red Cabbage Salad .....40:99
- Red Cabbage with Beetroot, Apples, Cinnamon and Raisins .....42:76
- Ricotta and Spinach Pasta Filling .....41:71
- Roasted Beetroot .....44:60
- Roasted Beetroot, Broccolini and Bocconcini with Balsamic Dressing .....41:64
- Roasted Eggplant, Mushroom and Tomato Pasta with Ricotta .....45:120
- Roasted Peppers with Buffalo Mozzarella and Basil .....40:67
- Roasted Spring Vegetables with Miso and Ginger Dressing .....44:62
- Roasted Tomato, Caramelised Onion and Feta Tarts .....41:61
- Rocket and Lemon Couscous .....45:119
- Savoury Mushrooms On Bruschetta .....41:109
- Sicilian Eggplant with Capers and Olives .....45:115
- Smoked Chicken, Green Bean and Papaya Salad .....40:96
- Spicy Eggplant, Chickpea and Lamb Salad .....41:112
- Spinach and Ricotta Gnocchi Baked with Cherry Tomatoes .....42:105
- Steak Salad with Blue Cheese Dressing and Candied Pecans .....40:70
- Stuffed Vine Leaves with Dill Yoghurt Sauce .....42:93
- Tuna and Avocado Salad .....40:95
- Vegetable Soup .....43:110
- Warm Cauliflower, Feta and Almond Salad .....43:114
- Winter Vegetable and Pearl Barley Soup .....42:102

## VENISON

- Cervena Salad with Blue Cheese, Spiced Walnuts and Green Apple .....45:79

## WALNUTS

- Cervena Salad with Blue Cheese, Spiced Walnuts and Green Apple .....45:79
- Parmesan and Walnut Wafers .....41:78
- Spiced Walnuts .....45:79

## WARM DESSERTS AND PUDDINGS

- Apple Beignets .....43:101
- Apple Dutch Baby Pancake .....44:91
- Apple, Whisky and Raisin Pie .....42:70
- Apricot, Almond and Vanilla Tarte Tartin .....43:99
- Baked Apple and Caramel Pudding .....43:93
- Baked Pears with Chocolate and Dates .....43:86
- Berry and Rhubarb Crumbles .....43:101
- Caramelised Banana, Rum and Raisin Bread and Butter Pudding .....43:103
- Caramelised Pineapple with Yoghurt, Fresh Dates and Toasted Quinoa .....44:85
- Cardamom and Apricot Rice Pudding .....42:99
- Chocolate and Poached Pear Puddings with Chocolate Sauce .....43:99
- Crispy Coconut-Coated Bananas .....44:110
- Fresh Raspberry and Brown Sugar Gratins .....45:69
- Guava Paste, Lime and Cream Cheese Pastelillos .....44:76
- Lemon and Cinnamon Golden Syrup Dumplings .....43:96
- Molten Chocolate and Raspberry Puddings .....42:108
- Nectarine French Toast with Cherries .....40:89
- Roasted Winter Fruits with Butterscotch Yoghurt .....43:103
- Steamed Orange, Cardamom and Grand Marnier Pudding .....43:96
- Sticky Toffee and Chocolate Pudding Tarts .....42:67
- Vanilla Poached Pears and Fig Compote .....41:115

## WATERMELON — SEE MELON

## WINE, RED AND WHITE

- Baked Pears with Chocolate and Dates .....43:86
- Mimosa .....44:87
- Spanish-Style Oxtail Braised with Chorizo, Red Wine and Smoked Paprika .....42:85

## YOGHURT

- Butterscotch Yoghurt .....43:103
- Caramelised Pineapple with Yoghurt, Fresh Dates and Toasted Quinoa .....44:85
- Dill Yoghurt Sauce .....42:93
- Frozen Mixed Berry and Lime Yoghurt .....45:64
- Garlic Yoghurt .....44:85
- Green Goddess Sauce .....40:54
- Kashmiri Chicken with Ginger and Tomatoes .....42:87
- Lime Crema .....44:70
- Lime Raita .....43:89
- Quick Raspberry and Nectarine Frozen Yoghurt .....40:91
- Raspberry Yoghurt Parfaits with Passionfruit Curd .....40:101
- Sesame and Feta Mayo .....44:100
- Whipped Feta and Yoghurt with Fresh Pomegranate .....45:112
- Yoghurt and Blue Cheese Dipping Sauce .....45:106
- Yoghurt Sauce .....41:100
- Yoghurt, Mint and Pistachio Sauce .....40:54

## ZUCCHINI

- Italian Rice, Vegetable and Feta Tart .....41:81
- Poached Eggs with Baked Feta, Olives, Zucchini and Toasted Pide .....44:87
- Raw Zucchini, Mushroom and Spinach Salad with Roasted Almonds and Parmesan Dressing .....41:63
- Spaghetti with Zucchini, Peas and Spinach .....40:96
- Tomato, Zucchini and Herb Fritters .....41:63
- Zucchini, Sweet Corn and Basil Soup .....41:92