



annual recipe index

ISSUES 46-51
FEBRUARY 2013 – JANUARY 2014

Recipes are listed under key ingredients and type of dish.

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Roasted Salmon with Caper and Mustard Dressing and Risotto	47:110
Spring Herb Broth	50:74

FETA

Baked Lamb with Eggplant and Feta	49:64
Baked Potato with Rocket, Feta and Pepperoncini	49:89
Butterflied Chicken with Harissa and Feta.....	46:73
Feta, Sour Cream and Coriander Sauce.....	49:85
Glazed Carrots with White Bean and Feta Purée	48:74
Kumara and Feta Filo Parcels	50:112
Lamb Braised with Potatoes, Tomatoes and Feta	47:85
Mixed Greens Soup with Edamame Beans and Feta Croutes	49:80
Pea, Broccoli and Feta Frittatas.....	48:95
Pork Fajitas with Tomato and Feta Salsa	49:106

FIGS

Fresh Fig, Mozzarella and Bean Salad with Basil Dressing	47:85
Glazed Fruit Topping.....	51:105
Hazelnut and Aniseed Fregolata	47:90
Prosciutto, Rocket and Fig Pizza	47:70

FISH — SEE ALSO SALMON, SEAFOOD, TUNA

Fish and Avocado Ceviche	46:103
Fish with Fennel and Orange Salad	48:101
Green Soba Noodles with Hot Smoked Salmon	46:110

Hoisin-Glazed Fish with Shiitake Mushrooms and Egg Noodles	49:106
Miso, Mirin and Spring Onion Baked Salmon	51:69
Mussel, Fish and Saffron Soup	48:70
Pan Bagnat	46:58
Pan-Fried Fish with Fennel, Capers and Lemon Cream Sauce	50:111
Radish and Spring Onion Rémoulade on Tuna	50:72
Roast Hapuku Fillet in Jalapeno Miso with Pickled Red Onion	50:56
Roasted Salmon with Capers and Mustard Dressing and Risotto	47:110
Sesame Salmon with Green Tea Rice	50:85
Smoked Fish and Potato Salad	46:91
Smoked Fish, Cider and Celeriac Soup with Apple Salad	49:75
Smoked Fish, Silverbeet and Egg Gratins	50:92
Smoked Salmon and Herb Crêpes	51:87
Smoked Salmon with Herb and Spring Onion Salsa	49:89
Smoked Salmon, Avocado and Capers Flatbreads	48:95
South Indian Seafood Pies	49:64
Spiced Fish on Lentil and Herb Salad	51:127
Spicy Crumbed Fish with Coleslaw	46:77

GINGER

Beef and Salad Wraps with Ginger and Chilli Dressing	51:122
Brinjal Kasundi	46:82
Ginger and Chilli Dressing	51:122
Lemon and Ginger Kisses	48:38
Lemon Gingerini	46:30
Mango, Carrot and Ginger Smoothie	48:68
Radish and Ginger Pickles	50:85
Rhubarb, Mustard Seed and Ginger Relish	50:102

GRAPEFRUIT

Heirloom Tomato, Grapefruit, Fennel and Olive Salad	47:31
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GRAPES

La Miascia	47:85
Marsala Roasted Pears and Grapes	47:99
Quinoa, Chicken, Date, Red Grape and Hazelnut Salad	46:92

HAM — SEE BACON, HAM, PROSCIUTTO AND PANCETTA**HARISSA**

Butterflied Chicken with Harissa and Feta	46:73
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HAZELNUTS — SEE NUTS**HOISIN SAUCE**

Beer and Hoisin Braised Onions	46:69
Braised Venison with Hoisin Sauce and Mushrooms	49:63
Hoisin-Glazed Fish with Shiitake Mushrooms and Egg Noodles	49:106
Spiced Orange and Hoisin Glazed Ham	51:69

HONEY

Honey Mustard Pork with Pumpkin Couscous	48:98
Warm Honeyed Berries with Brioche and Ricotta	51:97
Yoghurt and Honey Pannacotta	47:103

HORSERADISH

Horseradish Dressing	46:91
Sour Cream and Horseradish Dressing	46:91

ICE CREAMS AND GRANITAS

Ice Cream Bonbons	51:77
Ice Cream with Assorted Coatings	46:77
Rockmelon and Mint Granita with Chilli Lime Salt	51:94

JAMS, PICKLES, RELISHES AND PRESERVES

Beef Kebabs with Coconut Relish	46:100
Brinjal Kasundi	46:82
Caramelised Black Olive, Capers and Lemon Jam	50:95
Cherry Mostarda	51:73
Coconut Relish	46:100
Coriander and Mint Relish	48:70
Cucumber and Chilli Pickles	50:85
Daikon and Carrot Pickles with Sesame Seeds	50:85
Lime Pickle Prawns with Black Bean, Cherry Tomato and Avocado Salad	46:93
Pear, Cardamom and Orange Preserves	48:82
Pickled Red Onion	50:56
Pickled Red Onions with Cumin Seed	46:93
Quick Mustard Pickles	48:71
Quick Pickles	50:85
Radish and Ginger Pickles	50:85
Refrigerator Zucchini Pickles	47:78
Rhubarb, Mustard Seed and Ginger Relish	50:102
Serrano Ham and Asparagus Rolls	51:84
Sweet Pickled Baby Carrots and Goat's Cheese	50:71

KEBABS AND SKEWERS

Beef Kebabs with Coconut Relish	46:100
Lamb and Apricot Kebabs	46:71
Spiced Chicken Skewers	50:116
Spicy Beef Kebabs with Hummus and Green Beans	48:98
Yakitori	50:82

KUMARA

Kumara and Feta Filo Parcels	50:112
Spicy Kumara Fries	49:85

LAMB

Baked Lamb with Eggplant and Feta	49:64
Cajun Lamb Meatballs with White Beans	50:111
Lamb and Apricot Kebabs	46:71
Lamb Braised with Potatoes, Tomatoes and Feta	47:85
Lemon and Oregano Crumbed Lamb Cutlets	47:110
Mexican Braised Lamb with Whipped Pumpkin	49:60
Middle Eastern Spiced Lamb and Rhubarb	50:102
Moroccan Lamb Burgers on Roasted Potato 'Buns'	51:124
Moroccan Lamb, White Bean and Carrot Salad	48:91
Oven-Baked Lamb Biryani	49:108
Roasted Leg of Lamb with Sumac and Red Onion Salad	48:73
The Indian Burger	46:82

LEEKs

Bacon, Leek and Peas with Fettuccine	47:62
Baked Leek Risotto with Spring Vegetables	50:112
Beef and Barley Salad with Beetroot, Leeks and Yoghurt Dressing	48:88
Potato, Leek and Savoy Cabbage Gratin	49:86

LEMONGRASS

Grilled Pineapple and Black Bean Salsa with Mint and Lemongrass	51:116
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LEMONS

Apple and Lemon Tarts	48:78
Caramelised Black Olive, Capers and Lemon Jam	50:95
Fennel, Capers and Lemon Cream Sauce	50:111
Lemon and Ginger Kisses	48:38
Lemon and Oregano Crumbed Lamb Cutlets	47:110
Lemon Cake with Raspberry Marshmallow Frosting	48:37

Lemon Curd Croissant Pudding	48:102
Lemon Gingerini	46:30
Lemon Granita	47:103
Lemon Meringue Cake	51:78
Lemon Sugar	51:106
Pea, Preserved Lemon and Chorizo Ravioli	50:68
Prosecco, Lemon and Olive Oil Cake	47:99
Shaved Cabbage with Soy and Lemon Dressing	50:78
Zucchini Pasta with Preserved Lemons	46:27
Zucchini, Artichoke and Lemon Pasta	51:124

LENTILS

Indian Red Lentil, Tomato and Coconut Soup	49:76
Pork Sausages with Puy Lentil and Bacon Ragout	47:107
Puy Lentil and Warm Red Cabbage Salad	48:91
Puy Lentil, Couscous and Chicken Salad	46:60
Puy Lentil, Porcini Mushroom and Chorizo Soup	49:79
Spiced Fish on Lentil and Herb Salad	51:127

LIMES

Blackberry and Lime Bellini	51:94
Coconut and Lime Rice Pudding with Fresh Papaya	46:103
Lime Pickle Prawns with Black Bean, Cherry Tomato and Avocado Salad	46:93
Lime Syllabub and Raspberry Eton Mess	51:98
Mango and Lime Fools	51:128
Prawn and Lime Mayonnaise Sandwiches	51:84
Rockmelon and Mint Granita with Chilli Lime Salt	51:94

MANGO AND PAPAYA

Caribbean Pork with Papaya Salsa	46:73
Cashew Nut Butter Meringues with Papaya and Pomegranate Seeds	51:98
Coconut and Lime Rice Pudding with Fresh Papaya	46:103
Fruit Bowl with Syrup	48:66
Lime Syllabub and Raspberry Eton Mess	51:98
Mango and Lime Fools	51:128
Mango, Carrot and Ginger Smoothie	48:68
Papaya, Pepperdew and Smoked Paprika Salsa	51:116

MELON

Rockmelon and Mint Granita with Chilli Lime Salt	51:94
Watermelon and Black Olive Salad with Ricotta	46:96

MERINGUES AND PAVLOVA

Apple Spice Cake with Brown Sugar and Almond Meringue	48:78
Cashew Nut Butter Meringues with Papaya and Pomegranate Seeds	51:98
Lemon Meringue Cake	51:78
Lime Syllabub and Raspberry Eton Mess	51:98

MILK

Espresso Flans	47:95
Gnocchi Alla Romana	47:93
Rhubarb and Custard Tarts with Crushed Hazelnuts	49:97
Ricotta	47:46
Yoghurt and Honey Pannacotta	47:103

MINT

Barbecued Rump Steak with Chimichurri Sauce	46:69
Broad Bean and Mint Salad	47:112
Chocolate Peppermint Thins	51:110
Coriander and Mint Relish	48:70
Couscous with Chickpeas, Olives and Mint	46:73
Grilled Pineapple and Black Bean Salsa with Mint and Lemongrass	51:116
Mint Thins	48:37

Rockmelon and Mint Granita with Chilli Lime Salt	51:94
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MISO

Grilled Scallops with Miso Dressing.....	50:86
Miso Roasted Portobello Mushrooms with Udon Noodles	48:55
Miso, Mirin and Spring Onion Baked Salmon.....	51:69
Roast Hapuku Fillet in Jalapeno Miso with Pickled Red Onion	50:56

MOZZARELLA, BOCCONCINI — SEE ALSO CHEESES

Baked Pasta with Tomatoes, Chorizo and Mozzarella	47:64
Burrata with Slow Roasted Tomatoes and Salami Crumbs	47:75
Fennel and Mozzarella Salad.....	46:93
Fresh Fig, Mozzarella and Bean Salad with Basil Dressing	47:85
Melting Boccocini	47:87
Mixed Medley Caprese Salad	47:31
Roasted Cherry Tomatoes with Mozzarella and Herb Dressing	51:70

MUSHROOMS

Braised Venison with Hoisin Sauce and Mushrooms.....	49:63
Cheesy Mushroom, Spring Onion and Garlic Bread.....	48:58
Chicken with Mushrooms, Bacon and Tomatoes.....	48:58
Crispy Mushroom Fries with Chipotle Mayonnaise	48:61
Hoisin-Glazed Fish with Shiitake Mushrooms and Egg Noodles.....	49:106
Miso Roasted Portobello Mushrooms with Udon Noodles	48:55
Mushroom and Thyme Pâté	48:55
Mushroom Tarts with Whipped Goat's Cheese.....	51:87
Puy Lentil, Porcini Mushroom and Chorizo Soup.....	49:79
Smoked Ricotta and Mushroom Toasts with Pancetta.....	48:56
Stir Fried Pork with Peanuts and Mushrooms	46:108
Yakitori	50:82

MUSTARD

Beef and Mustard Pies with Champ.....	49:67
Habanero Mustard.....	46:81
Honey Mustard Pork with Pumpkin Couscous.....	48:98
Mustard Dressing.....	47:110
Quick Mustard Pickles.....	48:71
Rhubarb, Mustard Seed and Ginger Relish.....	50:102
Roasted Brussels Sprouts, Mustard Dressing and Almond Gremolata	48:74
Roasted Salmon with Capers and Mustard Dressing and Risotto	47:110

NECTARINES — SEE STONE FRUIT

NIBBLES, SMALL BITES AND ANTIPASTI

Crispy Mushroom Fries with Chipotle Mayonnaise	48:61
Crispy Tofu Chips.....	51:116
Fennel Salami Bruschetta with Rocket	47:90
Feta Croutes	49:80
Garlic Prawn Bruschetta.....	51:127
Ice Cream Bonbons.....	51:77
Indian Spiced Popcorn.....	51:112
Karaage – Fried Chicken.....	50:78
Kumara and Feta Filo Parcels	50:112
Melting Boccocini	47:87
Mushroom Tarts with Whipped Goat's Cheese.....	51:87
Popcorn.....	51:112
Prawn and Lime Mayonnaise Sandwiches.....	51:84

Prawns, Chilli and Zucchini Pizzette	47:71
Roasted Cauliflower Dippers.....	51:118
Serrano Ham and Asparagus Rolls.....	51:84
Sicilian Eggplant Bruschetta	47:75
Smoked Ricotta and Mushroom Toasts with Pancetta.....	48:56
Smoked Salmon and Herb Crêpes.....	51:87
Smoked Salmon, Avocado and Capers Flatbreads	48:95
Spiced Cinnamon Sugar Popcorn.....	51:112
Spice-Roasted Coconut Peanuts.....	51:88
Spicy Kumara Fries	49:85
Strawberries, Macadamia Crunch and Sour Cream	51:100
Sweet Corn and Avocado Hotcakes	51:88
Sweet Pickled Baby Carrots and Goat's Cheese	50:71
Three Cheese and Truffle Stuffed Rolls	51:73
Walnut and Rum Toffee Clusters.....	51:109

NOODLES

Green Soba Noodles with Hot Smoked Salmon	46:110
Hoisin-Glazed Fish with Shiitake Mushrooms and Egg Noodles	49:106
Miso Roasted Portobello Mushrooms with Udon Noodles	48:55
Mussels and Chorizo Sausage with Egg Noodles	46:107
Scallops with Black Bean Sauce, Red Capsicum and Udon Noodles.....	46:107
Spring Herb Broth	50:74
Stir Fried Pork with Peanuts and Mushrooms	46:108
Vietnamese Grilled Pork Salad.....	48:88

NUTS — CASHEWS, PISTACHIOS, HAZELNUTS; SEE ALSO ALMONDS, PEANUTS, WALNUTS

Caribbean Christmas Cake.....	51:105
Chocolate and Hazelnut Puddings.....	46:65
Chocolate, Hazelnut and Fresh Raspberry Tart	51:97
Coconut Granola Bars	46:105
Espresso Coffee and Cashew Nut Butter Smoothie	48:68
Flourless Cashew Nut and White Chocolate Biscuits.....	49:100
Hazelnut and Aniseed Fregolata	47:90
Ice Cream with Assorted Coatings.....	46:77
Quinoa, Chicken, Date, Red Grape and Hazelnut Salad	46:92
Red Capsicum, Hazelnut and White Bean Salsa.....	51:118
Rhubarb and Custard Tarts with Crushed Hazelnuts	49:97
Spice-Roasted Coconut Peanuts.....	51:88
Store Cupboard Slice	50:116
Strawberries, Macadamia Crunch and Sour Cream	51:100

OATS, ROLLED

ANZAC Thins	51:108
Coconut Granola Bars	46:105
Store Cupboard Slice	50:116

OLIVE OIL

Flavoured Oil	47:68
Prosecco, Lemon and Olive Oil Cake	47:99

OLIVES

Caramelised Black Olive, Capers and Lemon Jam.....	50:95
Couscous with Chickpeas, Olives and Mint	46:73
Grilled Steak with Green Olive and Pepperdew Salsa	47:107
Heirloom Tomato, Grapefruit, Fennel and Olive Salad	47:31

Marinated Artichokes, Blue Cheese and Green Olive Pizza	47:68
Potato, Green Chilli and Olive Tagine	49:85
Sopressa Salami, Tomato and Black Olive Pizza	47:68
Watermelon and Black Olive Salad with Ricotta.....	46:96
White Bean and Carrot Salad with Fried Black Olives.....	48:88

ONIONS, SPRING ONIONS, SHALLOTS

Asian Coleslaw	46:86
Beer and Hoisin Braised Onions	46:69
Cheesy Mushroom, Spring Onion and Garlic Bread.....	48:58
Coriander and Spring Onion Flatbreads.....	46:100
Deville Onions	49:89
Grilled Cheese, Onion and Ale Soup	49:76
Herb and Spring Onion Salsa.....	49:89
Miso, Mirin and Spring Onion Baked Salmon.....	51:69
Pickled Red Onion	50:56
Pickled Red Onions with Cumin Seed	46:93
Pork Fajitas with Tomato and Feta Salsa	49:106
Radish and Spring Onion Rémoulade on Tuna.....	50:72
Sicilian Eggplant Bruschetta	47:75
Spiced Chicken and Caramelised Onion Tarts	48:70
Spicy Crumbed Fish with Coleslaw	46:77
Sumac and Red Onion Salad.....	48:73
Yakitori	50:82

ORANGES

Almond and Orange Florentines	47:99
Baby Mussel, Fennel and Orange Salad	50:95
Blueberry, Orange and Coconut Slab Cake.....	51:95
Chargrilled Witlof with Tangelo and Toasted Capers.....	50:68
Coconut and Orange Cake with Passionfruit Icing	46:99
Duck and Orange Salad with Smoky Orange Dressing.....	51:75
Fish with Fennel and Orange Salad.....	48:101
Fruit Bowl with Syrup.....	48:66
Orange Icing	51:95
Pear, Cardamom and Orange Preserves	48:82
Raspberry, Coconut and Orange Pudding.....	49:112
Ricotta Hotcakes with Spiced Orange Syrup	50:90
Smoky Orange Dressing	51:75
Sparkling Tangelo and Thyme Jellies	50:44
Spiced Orange and Hoisin Glazed Ham	51:69
Tunisian Salsa	51:122

OREGANO

Lemon and Oregano Crumbed Lamb Cutlets	47:110
Potato, Oregano and Parmesan Pizza	47:70

PANCETTA — SEE BACON, HAM, PROSCIUTTO AND PANCETTA

PANKO CRUMBS

Cheesy Herb Pork Schnitzel.....	50:115
Crispy Mushroom Fries with Chipotle Mayonnaise	48:61
Crispy Tofu Chips.....	51:116
Herb-Crusted Fillet of Beef.....	51:73
Lemon and Oregano Crumbed Lamb Cutlets	47:110
Melting Boccocini	47:87
Spicy Crumbed Fish with Coleslaw	46:77

PAPAYA — SEE MANGO AND PAPAYA

PARMESAN — SEE ALSO CHEESES

Basil Pesto	46:85
Chicken and Chorizo with Parmesan Gnocchi	49:60

Crispy Roasted Potatoes and Fennel with Gremolata and Parmesan	51:73
Gnocchi Alla Romana	47:93
Herb-Crusted Fillet of Beef.....	51:73
Parmesan, Walnut and Garlic Mayo.....	49:86
Potato, Oregano and Parmesan Pizza	47:70

PARSLEY

Barbecued Rump Steak with Chimichurri Sauce.....	46:69
Crispy Roasted Potatoes and Fennel with Gremolata and Parmesan	51:73
Herb-Crusted Fillet of Beef.....	51:73
Parsley and Garlic Crumbs.....	49:111
Pork, Apricot and Herb Terrine.....	48:71

PASSIONFRUIT

Coconut and Orange Cake with Passionfruit Icing.....	46:99
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PASTA, POLENTA AND GRAINS

Bacon, Leek and Peas with Fettuccine	47:62
Baked Pasta with Tomatoes, Chorizo and Mozzarella	47:64
Beef and Barley Salad with Beetroot, Leeks and Yoghurt Dressing	48:88
Chicken Puttanesca	47:62
Chorizo, Beef and Couscous Stuffed Peppers	47:76
Chunky Quinoa Granola	48:66
Couscous with Chickpeas, Olives and Mint	46:73
Cracked Wheat and Cabbage Salad	48:109
Gnocchi Alla Romana	47:93
Grilled Chicken with Tunisian Salsa.....	51:122
Ham Hock and Vegetable Soup	49:75
Honey Mustard Pork with Pumpkin Couscous	48:98
Israeli Couscous and Broad Bean Salad.....	50:72
Parmesan Gnocchi	49:60
Pea, Preserved Lemon and Chorizo Ravioli.....	50:68
Pearl Barley, Fresh Apricot and Grilled Pork Salad with 5-Spice Vinaigrette	46:91
Prawn, Chilli and Rocket Pasta	47:64
Puy Lentil, Couscous and Chicken Salad.....	46:60
Quinoa, Chicken, Date, Red Grape and Hazelnut Salad	46:92
Rhubarb, Couscous and Haloumi Salad	50:100
Roasted Carrot and Israeli Couscous Salad	46:95
Spicy Sausage, Pepperdew and Silverbeet Penne	47:62
Zucchini Pasta with Preserved Lemons	46:27
Zucchini, Artichoke and Lemon Pasta.....	51:124

PASTRY AND DOUGH

Kumara and Feta Filo Parcels	50:112
Mixed Greens and Two Cheese Tart	47:109
Mushroom Tarts with Whipped Goat's Cheese.....	51:87
Pizza dough #1	47:68
Pizza dough #2	47:68
Rhubarb and Custard Tarts with Crushed Hazelnuts	49:97
Rhubarb Maids of Honour Tarts	50:103
Smoked Chicken Salad Tart.....	50:92
South Indian Seafood Pies.....	49:64

PEANUTS — SEE ALSO NUTS

Spice-Roasted Coconut Peanuts.....	51:88
Stir Fried Pork with Peanuts and Mushrooms	46:108

PEAS, SNOWPEAS

Bacon, Leek and Peas with Fettuccine	47:62
Ham Hock and Vegetable Soup	49:75
Mixed Green Vegetable Salad with Sesame Yoghurt Dressing.....	51:70
Mixed Greens Soup with Edamame Beans and Feta Croutes	49:80
Pea, Broccoli and Feta Frittatas.....	48:95
Pea, Preserved Lemon and Chorizo Ravioli.....	50:68

PEACHES — SEE STONE FRUIT**PEARS**

Apple and Pear Butter.....	46:58
Marsala Roasted Pears and Grapes	47:99
Pear, Cardamom and Orange Preserves	48:82
Pear, Raspberry and Coconut Loaf.....	48:82
Saffron and Star Anise Roasted Pears.....	48:81
Salted Caramel, Rum and Pear Loaf	49:94

PECANS — SEE NUTS**PEPPERDEWS — SEE CAPSICUMS****PICKLES, RELISHES AND PRESERVES — SEE JAMS, PICKLES, RELISHES AND PRESERVES****PIES — SEE ALSO TARTS, SAVOURY AND TARTS, SWEET**

Beef and Mustard Pies with Champ.....	49:67
South Indian Seafood Pies.....	49:64

PINEAPPLE

Fruit Bowl with Syrup.....	48:66
Grilled Pineapple and Black Bean Salsa with Mint and Lemongrass.....	51:116

PINE NUTS

Basil Pesto	46:85
Basil and Rocket Pesto Dressing	46:27

PISTACHIOS — SEE NUTS**PIZZAS**

Marinated Artichokes, Blue Cheese and Green Olive Pizza	47:68
Pizza dough #1	47:68
Pizza dough #2	47:68
Potato, Oregano and Parmesan Pizza	47:70
Prawns, Chilli and Zucchini Pizzette	47:71
Prosciutto, Rocket and Fig Pizza	47:70
Smoked Salmon, Avocado and Caper Flatbreads	48:95
Sopressa Salami, Tomato and Black Olive Pizza	47:68

POLENTA — SEE PASTA, POLENTA AND GRAINS**PORK**

Braised Pork and Apples with Herb and Cheese Cobbler.....	49:67
Caribbean Pork with Papaya Salsa	46:73
Cheesy Herb Pork Schnitzel.....	50:115
Crisp Pork and New Potato Salad.....	50:68
Ham Hock and Vegetable Soup	49:75
Honey Mustard Pork with Pumpkin Couscous	48:98
Pearl Barley, Fresh Apricot and Grilled Pork Salad with 5-Spice Vinaigrette	46:91
Pork and Prawn Wonton Soup.....	49:79
Pork Chops, Chickpeas and Fennel	51:122
Pork Fajitas with Tomato and Feta Salsa	49:106
Pork Rillettes	46:63

Pork Sausages with Puy Lentil and Bacon Ragout	47:107
Pork, Apricot and Herb Terrine.....	48:71
Roast Pork Belly	47:93
Soy and Sake Braised Pork Belly	50:82
Stir Fried Pork with Peanuts and Mushrooms	46:108
Tuscan Pork in Crispy Baguette	47:106
Vietnamese Grilled Pork Salad	48:88

POTATOES

Asian Mash	49:63
Baked Potato with Devilled Onions, Kransky Sausages and Mayo.....	49:89
Baked Potato with Rocket, Feta and Pepperoncini	49:89
Baked Potato with Smoked Salmon with Herb and Spring Onion Salsa	49:89
Baked Potato with Smoky Spanish Beans with Poached Eggs	49:89
Baked Potatoes with Devilled Onions, Kransky Sausages and Mayo.....	49:89
Baked Potatoes with Smoked Salmon with Herb and Spring Onion Salsa.....	49:89
Baked Potatoes.....	49:89
Beef and Mustard Pies with Champ.....	49:67
Chicken, Potato and Coconut Curry.....	46:99
Crisp Pork and New Potato Salad.....	50:68
Crispy Roasted Potatoes and Fennel with Gremolata and Parmesan	51:73
Crispy Sage Roasted Potatoes	48:78
Lamb Braised with Potatoes, Tomatoes and Feta	47:85
Mixed Greens Soup with Edamame Beans and Feta Croutes	49:80
Moroccan Lamb Burgers on Roasted Potato 'Buns'	51:124
Potato and Avocado Salad	50:115
Potato Rosti	47:110
Potato, Bean and Pancetta Salad with Poached Eggs	48:92
Potato, Green Chilli and Olive Tagine	49:85
Potato, Leek and Savoy Cabbage Gratin	49:86
Potato, Oregano and Parmesan Pizza	47:70
Smoked Fish and Potato Salad	46:91
Smoked Fish, Cider and Celeriac Soup with Apple Salad	49:75
Smoked Fish, Cider and Celeriac Soup with Apple Salad	49:75
Smoky Sweet Corn, Bacon and Potato Soup	47:80
Tray Baked Crispy Potatoes	49:69
Tray-Baked Chicken with Potatoes and Chorizo	48:101
Warm Roasted Potato Salad with Parmesan, Walnut and Garlic Mayo.....	49:86
Zucchini and Basil Soup	51:127

PROSCIUTTO — SEE BACON, HAM, PROSCIUTTO AND PANCETTA**PRAWNS — SEE ALSO SEAFOOD**

Garlic Prawn Bruschetta	51:127
Lime Pickle Prawns with Black Bean, Cherry Tomato and Avocado Salad.....	46:93
Moroccan Pumpkin Soup with Prawns and Chickpeas	49:82
Pork and Prawn Wonton Soup.....	49:79
Prawn and Lime Mayonnaise Sandwiches.....	51:84
Prawn, Chilli and Rocket Pasta	47:64
Prawns, Chilli and Zucchini Pizzette	47:71
South Indian Seafood Pies.....	49:64

PUDDINGS — SEE COLD DESSERTS, WARM DESSERTS**PUMPKIN**

Honey Mustard Pork with Pumpkin Couscous	48:98
Mexican Braised Lamb with Whipped Pumpkin.....	49:60

Moroccan Pumpkin Soup with Prawns and Chickpeas	49:82
Spice Roasted Chicken with Pumpkin and Pomegranate Molasses	49:107

RADISHES

Asparagus, Radish and Soft Egg Salad	50:96
Radish and Ginger Pickles	50:85
Radish and Spring Onion Rémoulade on Tuna	50:72

RAISINS AND SULTANAS

Capiscums with Almonds, Capers and Raisins	47:87
Caribbean Christmas Cake	51:105
Chocolate and Porter Cake with Porter Syrup	49:99
Spiced Raisin Pilaf	48:97
Sultana and Caper Dressing	46:95
Tunisian Salsa	51:122

RASPBERRIES AND STRAWBERRIES

Chocolate, Hazelnut and Fresh Raspberry Tart	51:97
Ice Cream with Assorted Coatings	46:77
Lemon Cake with Raspberry Marshmallow Frosting	48:37
Lime Syllabub and Raspberry Eton Mess	51:98
Peach and Strawberry Iced Tea	46:58
Pear, Raspberry and Coconut Loaf	48:82
Raspberries in Syrup	47:103
Raspberry Sugar	51:106
Raspberry, Coconut and Orange Pudding	49:112
Raspberry, Rhubarb and Hibiscus Cordial	51:109
Rhubarb and Raspberry Curd	50:106
Strawberries, Macadamia Crunch and Sour Cream	51:100
Vanilla and Strawberry Swirls	49:100
Warm Honeyed Berries with Brioche and Ricotta	51:97

RHUBARB

Homemade Rhubarb Bitters	46:32
Middle Eastern Spiced Lamb and Rhubarb	50:102
Mulberry Street	46:32
Raspberry, Rhubarb and Hibiscus Cordial	51:109
Red Wine and Cinnamon Poached Rhubarb	50:104
Rhubarb and Custard Tarts with Crushed Hazelnuts	49:97
Rhubarb and Poppy Seed Cake	50:100
Rhubarb and Raspberry Curd	50:106
Rhubarb Buckle Cake	48:107
Rhubarb Maids of Honour Tarts	50:103
Rhubarb, Couscous and Haloumi Salad	50:100
Rhubarb, Mustard Seed and Ginger Relish	50:102
Sweet Cardamom, Rhubarb and Streusel Buns	50:104

RICE

Asian Glazed Steak and Rice	50:111
Baked Leek Risotto with Spring Vegetables	50:112
Beef and Salad Wraps with Ginger and Chili Dressing	51:122
Chorizo and Broad Bean Risotto	49:111
Coconut and Lime Rice Pudding with Fresh Papaya	46:103
Oven-Baked Lamb Biryani	49:108
Rice	50:78
Risotto	47:110
Roasted Salmon with Caper and Mustard Dressing and Risotto	47:110
Sesame Salmon with Green Tea Rice	50:85
Spiced Raisin Pilaf	48:97

RICOTTA — SEE ALSO CHEESES

Lemon Meringue Cake	51:78
Prosecco, Lemon and Olive Oil Cake	47:99
Ricotta	47:46
Ricotta Hotcakes with Spiced Orange Syrup	50:90

Smoked Ricotta and Mushroom Toasts with Pancetta	48:56
Warm Honeyed Berries with Brioche and Ricotta	51:97
Watermelon and Black Olive Salad with Ricotta	46:96

ROCKET

Baked Potato with Rocket, Feta and Pepperoncini	49:89
Basil and Rocket Pesto Dressing	46:27
Fennel Salami Bruschetta with Rocket	47:90
Mixed Greens Soup with Edamame Beans and Feta Croutes	49:80
Prawn, Chilli and Rocket Pasta	47:64
Prosciutto, Rocket and Fig Pizza	47:70
Roasted Cherry Tomatoes with Mozzarella and Herb Dressing	51:70

RUM

Caribbean Christmas Cake	51:105
Glazed Fruit Topping	51:105
Salted Caramel, Rum and Pear Loaf	49:94
Walnut and Rum Toffee Clusters	51:109

SAFFRON

Mussel, Fish and Saffron Soup	48:70
Saffron and Star Anise Roasted Pears	48:81

SAGE

Crispy Sage Roasted Potatoes	48:78
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SALADS, FRUIT

Fruit Bowl with Syrup	48:66
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SALADS, MEAT AND FISH

Baby Mussel, Fennel and Orange Salad	50:95
Beef and Barley Salad with Beetroot, Leeks and Yoghurt Dressing	48:88
Chicken with Broad Bean and Mint Salad	47:112
Crisp Pork and New Potato Salad	50:68
Duck and Orange Salad with Smoky Orange Dressing	51:75
Fish with Fennel and Orange Salad	48:101
Lime Pickle Prawns with Black Bean, Cherry Tomato and Avocado Salad	46:93
Moroccan Lamb, White Bean and Carrot Salad with Fried Black Olives	48:88
Pearl Barley, Fresh Apricot and Grilled Pork Salad with 5-Spice Vinaigrette	46:91
Poached Chicken, Puy Lentil and Warm Red Cabbage Salad	48:91
Potato, Bean and Pancetta Salad with Poached Eggs	92
Puy Lentil, Couscous and Chicken Salad	46:60
Quinoa, Chicken, Date, Red Grape and Hazelnut Salad	46:92
Smoked Fish and Potato Salad	46:91
Vietnamese Grilled Pork Salad	48:88

SALADS, VEGETABLE

Apple Salad	49:75
Asian Coleslaw	46:86
Asparagus, Radish and Soft Egg Salad	50:96
Barbecued Vegetables and Haloumi Salad	46:71
Beetroot, Carrot and Sesame Salad	48:107
Broad Bean and Mint Salad	47:112
Brussels Sprout Salad	48:109
Capiscums with Almonds, Capers and Raisins	47:87
Caramelised Carrot, Corn and Coriander Salad	46:85
Carrot Salad with Fried Black Olives	48:88
Chargrilled Witlof with Tangelo and Toasted Capers	50:68
Couscous with Chickpeas, Olives and Mint	46:73
Cracked Wheat and Cabbage Salad	48:109
Fennel and Mozzarella Salad	46:93
Fennel, Radicchio and Apple Salad	47:93

Fresh Fig, Mozzarella and Bean Salad with Basil Dressing	47:85
Green Bean, Broad Bean and Caper Berry Salad	47:87
Grilled Green Tomato and Goat's Cheese Salad	47:31
Grilled Zucchini and Avocado Salad	46:71
Heirloom Tomato, Grapefruit, Fennel and Olive Salad	47:31
Israeli Couscous and Broad Bean Salad	50:72
Lentil and Herb Salad	51:127
Mixed Green Vegetable Salad with Sesame Yoghurt Dressing	51:70
Mixed Medley Caprese Salad	47:31
Potato and Avocado Salad	50:115
Puy Lentil and Warm Red Cabbage Salad	48:91
Rhubarb, Couscous and Haloumi Salad	50:100
Roasted Carrot and Israeli Couscous Salad	46:95
Sumac and Red Onion Salad	48:73
Warm Roasted Potato Salad with Parmesan, Walnut and Garlic Mayo	49:86
Watermelon and Black Olive Salad with Ricotta	46:96
White Bean and Carrot Salad with Fried Black Olives	48:88

SALMON

Green Soba Noodles with Hot Smoked Salmon	46:110
Miso, Mirin and Spring Onion Baked Salmon	51:69
Roasted Salmon with Caper and Mustard Dressing and Risotto	47:110
Sesame Salmon with Green Tea Rice	50:85
Smoked Salmon and Herb Crêpes	51:87
Smoked Salmon with Herb and Spring Onion Salsa	49:89
Smoked Salmon, Avocado and Caper Flatbreads	48:95

SAVOURY SAUCES, SALSAS AND TOPPINGS — SEE ALSO BUTTERS, DRESSINGS AND MAYONNAISES

Apple and Tarragon Salsa Verde	47:93
Asian Glaze	50:111
Avocado and Corn Salsa	46:81
Basil Pesto	46:85
Caribbean Pork with Papaya Salsa	46:73
Charred Corn, Avocado and Wasabi Salsa	51:115
Chimichurri Sauce	46:69
Coriander, Roasted Almond and Chipotle Salsa	51:116
Fennel, Caper and Lemon Cream Sauce	50:111
Feta, Sour Cream and Coriander Sauce	49:85
Flavoured Oil	47:68
Green Olive and Pepperdew Salsa	47:107
Gremolata	51:73
Grilled Pineapple and Black Bean Salsa with Mint and Lemongrass	51:116
Herb and Spring Onion Salsa	49:89
Papaya, Pepperdew and Smoked Paprika Salsa	51:116
Radish and Spring Onion Rémoulade	50:72
Raita	46:82
Red Capsicum, Hazelnut and White Bean Salsa	51:118
Roasted Tomato Bloody Mary Salsa	51:115
Tomato and Feta Salsa	49:106
Tunisian Salsa	51:122
Umeboshi Plum Sauce	50:82

SAUSAGES, CHORIZO, SALAMI

Baked Pasta with Tomatoes, Chorizo and Mozzarella	47:64
Burrata with Slow Roasted Tomatoes and Salami Crumbs	47:75
Chicken and Chorizo with Parmesan Gnocchi	49:60
Chorizo, Beef and Couscous Stuffed Peppers	47:76

Fennel Salami Bruschetta with Rocket	47:90
Mussels and Chorizo Sausage with Egg Noodles	46:107
Pea, Preserved Lemon and Chorizo Ravioli	50:68
Pork Sausages with Puy Lentil and Bacon Ragout	47:107
Pork, Apricot and Herb Terrine	48:71
Puy Lentil, Porcini Mushroom and Chorizo Soup	49:79
Sausage and White Bean 'Cassoulet'	49:111
Sopressa Salami, Tomato and Black Olive Pizza	47:68
Spicy Sausage, Pepperdew and Silverbeet Penne	47:62
Tray-Baked Chicken with Potatoes and Chorizo	48:101

SCALLOPS, CLAMS

Grilled Scallops with Miso Dressing	50:86
Scallops with Black Bean Sauce, Red Capsicum and Udon Noodles	46:107

**SEAFOOD — SEE ALSO PRAWNS,
SCALLOPS**

Baby Mussel, Fennel and Orange Salad	50:95
Garlic Prawn Bruschetta	51:127
Grilled Scallops with Miso Dressing	50:86
Moroccan Pumpkin Soup with Prawns and Chickpeas	49:82
Mussel, Fish and Saffron Soup	48:70
Mussels and Chorizo Sausage with Egg Noodles	46:107
Pork and Prawn Wonton Soup	49:79
Prawn and Lime Mayonnaise Sandwiches	51:84
Prawn, Chilli and Rocket Pasta	47:64
Prawns, Chilli and Zucchini Pizzette	47:71
Scallops with Black Bean Sauce, Red Capsicum and Udon Noodles	46:107
South Indian Seafood Pies	49:64

SEMOLINA

Chicken and Chorizo with Parmesan Gnocchi	49:60
Gnocchi Alla Romana	47:93
Palak Paneer	48:97

SESAME

Asian Vinaigrette	46:86
Beetroot, Carrot and Sesame Salad	48:107
Crispy Tofu Chips	51:116
Daikon and Carrot Pickles with Sesame Seeds	50:85
Green Beans with Toasted Sesame, Tofu and Wasabi Dressing	50:78
Sesame Salmon with Green Tea Rice	50:85
Sesame Yoghurt Dressing	51:70

SILVERBEET, CHARD AND KALE

Mixed Greens and Two Cheese Tart	47:109
Smoked Fish, Silverbeet and Egg Gratins	50:92
Spicy Sausage, Pepperdew and Silverbeet Penne	47:62

**SKEWERS — SEE KEBABS AND
SKEWERS****SMOKED FISH**

Smoked Fish and Potato Salad	46:91
Smoked Fish, Cider and Celeriac Soup with Apple Salad	49:75
Smoked Fish, Silverbeet and Egg Gratins	50:92
South Indian Seafood Pies	49:64

SOUPS

Grilled Cheese, Onion and Ale Soup	49:76
Ham Hock and Vegetable Soup	49:75
Indian Red Lentil, Tomato and Coconut Soup	49:76

Miso Roasted Portobello Mushrooms with Udon Noodles	48:55
Mixed Greens Soup with Edamame Beans and Feta Croutes	49:80
Moroccan Pumpkin Soup with Prawns and Chickpeas	49:82
Mussel, Fish and Saffron Soup	48:70
Pork and Prawn Wonton Soup	49:79
Puy Lentil, Porcini Mushroom and Chorizo Soup	49:79
Smoked Fish, Cider and Celeriac Soup with Apple Salad	49:75
Smoky Sweetcorn, Bacon and Potato Soup	47:80
Spring Herb Broth	50:74
Zucchini and Basil Soup	51:127

SOY SAUCE

Asian Glaze	50:111
Soy and Daikon Dipping Sauce	50:78
Soy and Lemon Dressing	50:78
Soy and Sake Braised Pork Belly	50:82
Yakitori	50:82

SPINACH

Mixed Greens and Two Cheese Tart	47:109
Mixed Greens Soup with Edamame Beans and Feta Croutes	49:80
Palak Paneer	48:97

SPREADS

Apple and Pear Butter	46:58
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STOCK

Baked Leek Risotto with Spring Vegetables	50:112
Chorizo and Broad Bean Risotto	49:111
Indian Red Lentil, Tomato and Coconut Soup	49:76
Mince on Toast	49:108
Mixed Greens Soup with Edamame Beans and Feta Croutes	49:80
Moroccan Pumpkin Soup with Prawns and Chickpeas	49:82
Oven-Baked Lamb Biryani	49:108
Pork and Prawn Wonton Soup	49:79
Puy Lentil, Porcini Mushroom and Chorizo Soup	49:79
Risotto	47:110
Smoked Fish, Cider and Celeriac Soup with Apple Salad	49:75
Smoky Sweet Corn, Bacon and Potato Soup	47:80
Spring Herb Broth	50:74

**STONE FRUIT — APRICOTS,
CHERRIES, NECTARINES, PEACHES,
PLUMS**

Braised Duck with Black Cherries and Red Wine	49:69
Cherry Mostada	51:73
Fresh Apricot and Nectarine Slab Cake	46:63
Glazed Fruit Topping	51:105
Lamb and Apricot Kebabs	46:71
Peach and Strawberry Iced Tea	46:58
Pearl Barley, Fresh Apricot and Grilled Pork Salad with 5-Spice Vinaigrette	46:91
Pork, Apricot and Herb Terrine	48:71
Umeboshi Plum Sauce	50:82

**STRAWBERRIES — SEE RASPBERRIES
AND STRAWBERRIES****SUMAC**

Sumac and Red Onion Salad	48:73
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SWEETCORN

Avocado and Corn Salsa	46:81
Caramelised Carrot, Corn and Coriander Salad	46:85
Charred Corn, Avocado and Wasabi Salsa	51:115
Indian Spiced Popcorn	51:112

Popcorn	51:112
Smoky Sweetcorn, Bacon and Potato Soup	47:80
Spiced Cinnamon Sugar Popcorn	51:112
Sweetcorn and Avocado Hotcakes	51:88

SWEETS

Chocolate Peppermint Thins	51:110
Cinnamon and Spice Sugar	51:106
Lavender Sugar	51:106
Lemon Sugar	51:106
Raspberry Sugar	51:106
Spiced Cinnamon Sugar Popcorn	51:112

**SWEET SAUCES, SYRUPS
AND TOPPINGS**

Blueberry Sauce	51:95
Chilli Lime Salt	51:94
Chocolate Fudge Sauce	50:116
Chocolate Sauce	47:100
Glazed Fruit Topping	51:105
Orange Icing	51:95
Passionfruit icing	46:99
Porter Syrup	49:99
Raspberry Marshmallow Frosting	48:37
Salted Caramel	49:94
Salted Caramel	51:109
Spiced Orange Syrup	50:90
Toasted Coconut	51:95
Warm Chocolate Sauce	49:102

TAGINES

Bitter Lettuce Tagine with Artichokes	50:71
Potato, Green Chilli and Olive Tagine	49:85

TARRAGON

Apple and Tarragon Salsa Verde	47:93
Baked Zucchini, Cheese and Tarragon Frittata	47:78
Braised Pork and Apples with Herb and Cheese Cobbler	49:67

TARTS, SAVOURY

Caramelised Vegetable and Gruyere Tarts	46:60
Mixed Greens and Two Cheese Tart	47:109
Mushroom Tarts with Whipped Goat's Cheese	51:87
Smoked Chicken Salad Tart	50:92
Spiced Chicken and Caramelised Onion Tarts	48:70

TARTS, SWEET

Apple and Lemon Tarts	48:78
Chocolate, Hazelnut and Fresh Raspberry Tart	51:97
Raw Chocolate Ganache Tarts	46:27
Rhubarb and Custard Tarts with Crushed Hazelnuts	49:97
Rhubarb Maids of Honour Tarts	50:103

THYME

Mushroom and Thyme Pâté	48:55
One-pot Chicken with Garlic, Thyme and Bacon	48:107
Sparkling Tangelo and Thyme Jellies	50:44

TOFU

Crispy Tofu Chips	51:116
Green Beans with Toasted Sesame, Tofu and Wasabi Dressing	50:78

TOMATOES

Baked Pasta with Tomatoes, Chorizo and Mozzarella	47:64
Burrata with Slow Roasted Tomatoes and Salami Crumbs	47:75
Chicken Puttanesca	47:62
Chicken with Mushrooms, Bacon and Tomatoes	48:58

Grilled Green Tomato and Goat's Cheese Salad	47:31
Heirloom Tomato, Grapefruit, Fennel and Olive Salad	47:31
Indian Red Lentil, Tomato and Coconut Soup	49:76
Lamb Braised with Potatoes, Tomatoes and Feta	47:85
Lime Pickle Prawns with Black Bean, Cherry Tomato and Avocado Salad	46:93
Mixed Medley Caprese Salad	47:31
Pea, Broccoli and Feta Frittatas.....	48:95
Roasted Cherry Tomatoes with Mozzarella and Herb Dressing	51:70
Roasted Tomato Bloody Mary Salsa	51:115
Sopressa Salami, Tomato and Black Olive Pizza	47:68
Tomato and Feta Salsa.....	49:106

TORTILLAS

Chargrilled Skirt Steak Fajitas.....	46:81
Flour Tortillas.....	46:81
Pork Fajitas with Tomato and Feta Salsa	49:106
Spicy Crumbed Fish with Coleslaw and Warm Tortillas	46:77

TUNA — SEE ALSO FISH, SEAFOOD

Pan Bagnat.....	46:58
Radish and Spring Onion Rémoûlade on Tuna.....	50:72

VANILLA

Vanilla and Strawberry Swirls	49:100
Vanilla Bean Sugar.....	51:106

VEGETABLES — SEE ALSO INDIVIDUAL VEGETABLES, SALADS

Asian Coleslaw.....	46:80
Asian Mash.....	49:63
Asparagus, Radish and Soft Egg Salad	50:96
Avocado and Corn Salsa.....	46:81
Baby Mussel, Fennel and Orange Salad	50:95
Baked Potato with Devilled Onions, Kransky Sausages and Mayo.....	49:89
Baked Potato with Rocket, Feta and Peperoncini	49:89
Baked Potato with Smoked Salmon with Herb and Spring Onion Salsa	49:89
Baked Potato with Smoky Spanish Beans with Poached Eggs	49:89
Baked Potatoes.....	49:89
Baked Zucchini, Cheese and Tarragon Frittata	47:78
Barbecued Vegetables and Haloumi Salad.....	46:71
Beer and Hoisin Braised Onions	46:69
Beetroot, Carrot and Sesame Salad.....	48:107
Bitter Lettuce Tagine with Artichokes.....	50:71
Broad Bean and Mint Salad	47:112
Brussels Sprout Salad.....	48:109
Burrata with Slow Roasted Tomatoes and Salami Crumbs	47:75
Capsicums with Almonds, Capers and Raisins	47:87
Caramelised Carrot, Corn and Coriander Salad	46:85
Caramelised Vegetable and Gruyere Tarts.....	46:60
Carrot Salad with Fried Black Olives.....	48:88
Champ.....	49:67
Chargrilled Witlof with Tangelo and Toasted Capers.....	50:68
Chorizo, Beef and Couscous Stuffed Peppers	47:76
Cracked Wheat and Cabbage Salad	48:109
Crisp Pork and New Potato Salad.....	50:68
Crispy Mushroom Fries with Chipotle Mayonnaise	48:61
Crispy Roasted Potatoes and Fennel with Gremolata and Parmesan	51:73
Crispy Sage Roasted Potatoes.....	48:78
Cucumber and Chilli Pickles	50:85

Daikon and Carrot Pickles with Sesame Seeds	50:85
Fennel and Mozzarella Salad.....	46:93
Fennel and Orange Salad.....	48:101
Fennel, Radicchio and Apple Salad	47:93
Fresh Fig, Mozzarella and Bean Salad with Basil Dressing	47:85
Glazed Carrots with White Bean and Feta Puree	48:74
Green Bean, Broad Bean and Caper Berry Salad	47:87
Green Beans with Toasted Sesame, Tofu and Wasabi Dressing	50:78
Green Beans.....	50:116
Grilled Green Tomato and Goat's Cheese Salad	47:31
Grilled Zucchini and Avocado Salad.....	46:71
Heirloom Tomato, Grapefruit, Fennel and Olive Salad	47:31
Indian Red Lentil, Tomato and Coconut Soup	49:76
Israeli Couscous and Broad Bean Salad.....	50:72
Kumara and Feta Filo Parcels	50:112
Lentil and Herb Salad.....	51:127
Miso Roasted Portobello Mushrooms with Udon Noodles	48:55
Mixed Green Vegetable Salad with Sesame Yoghurt Dressing.....	51:70
Mixed Greens and Two Cheese Tart	47:109
Mixed Greens Soup with Edamame Beans and Feta Croutons	49:80
Mixed Medley Caprese Salad	47:31
Mushroom and Thyme Pâté	48:55
Palak Paneer	48:97
Pea, Broccoli and Feta Frittatas.....	48:95
Pickled Red Onions with Cumin Seed.....	46:93
Potato and Avocado Salad	50:115
Potato Rosti	47:110
Potato, Bean and Pancetta Salad with Poached Eggs	92
Potato, Green Chilli and Olive Tagine	49:85
Potato, Leek and Savoy Cabbage Gratin	49:86
Potato, Oregano and Parmesan Pizza	47:70
Puy Lentil and Warm Red Cabbage Salad.....	48:91
Quick Mustard Pickles	48:71
Quick Pickles.....	50:85
Radish and Ginger Pickles	50:85
Radish and Spring Onion Rémoûlade on Tuna.....	50:72
Refrigerator Zucchini Pickles	47:78
Rhubarb, Couscous and Haloumi Salad	50:100
Roasted Brussels Sprouts, Mustard Dressing and Almond Gremolata	48:74
Roasted Carrot and Israeli Couscous Salad	46:95
Roasted Cauliflower Dippers.....	51:118
Roasted Cherry Tomatoes with Mozzarella and Herb Dressing	51:70
Shaved Cabbage with Soy and Lemon Dressing.....	50:78
Sicilian Eggplant Bruschetta	47:75
Smoked Fish and Potato Salad	46:91
Smoked Ricotta and Mushroom Toasts with Pancetta.....	48:56
Smoky Sweet Corn, Bacon and Potato Soup	47:80
Spicy Kumara Fries	49:85
Sumac and Red Onion Salad.....	48:73
Sweet Pickled Baby Carrots and Goat's Cheese.....	50:71
Sweetcorn and Avocado Hotcakes	51:88
Tomato and Feta Salsa.....	49:106
Tray Baked Crispy Potatoes	49:69
Warm Roasted Potato Salad with Parmesan, Walnut and Garlic Mayo	49:86
Watermelon and Black Olive Salad with Ricotta.....	46:96
Whipped Pumpkin.....	49:60
White Bean and Carrot Salad with Fried Black Olives.....	48:88
Zucchini Pasta with Preserved Lemons	46:27

VENISON

Braised Venison with Hoisin Sauce and Mushrooms.....	49:63
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WALNUTS

Parmesan, Walnut and Garlic Mayo.....	49:86
Smoked Chicken Salad Tart.....	50:92
Walnut and Rum Toffee Clusters	51:109

WARM DESSERTS AND PUDDINGS

La Miascia	47:85
Lemon Curd Croissant Pudding	48:102
Marsala Roasted Pears and Grapes	47:99
Raspberry, Coconut and Orange Pudding	49:112
Saffron and Star Anise Roasted Pears.....	48:81
Salted Caramel, Rum and Pear Loaf	49:94
Sticky Chocolate Cakes with Chocolate Sauce	47:100
Warm Coconut Rice Pudding with Red Wine and Cinnamon Poached Rhubarb.....	50:104

WASABI

Almond and Wasabi Dressing	46:110
Asian Vinaigrette.....	46:86
Charred Corn, Avocado and Wasabi Salsa.....	51:115
Toasted Sesame, Tofu and Wasabi Dressing.....	50:78

WATERMELON — SEE MELON

WINE, RED AND WHITE

Braised Duck with Black Cherries and Red Wine.....	49:69
Marsala Roasted Pears and Grapes	47:99
Prosecco, Lemon and Olive Oil Cake	47:99
Red Wine and Cinnamon Poached Rhubarb	50:104
Red Wine Dressing	47:93

YOGHURT

Mango and Lime Fools	51:128
Mixed Berry, Yoghurt and Flaxseed Smoothie	48:68
Raita	46:82
Sesame Yoghurt Dressing.....	51:70
Yoghurt and Honey Pannacotta	47:103
Yoghurt Dressing	48:88

ZUCCHINI

Baked Zucchini, Cheese and Tarragon Frittata	47:78
Barbecued Vegetables and Haloumi Salad.....	46:71
Grilled Zucchini and Avocado Salad	46:71
Prawns, Chilli and Zucchini Pizzette	47:71
Refrigerator Zucchini Pickles	47:78
Zucchini and Basil Soup	51:127
Zucchini Pasta with Preserved Lemons	46:27
Zucchini, Artichoke and Lemon Pasta.....	51:124